

Call us or stop by with questions or concerns!

Career and Counseling Services

616-632-2905

Or

Visit us in the lower level of the
Donnelly Center

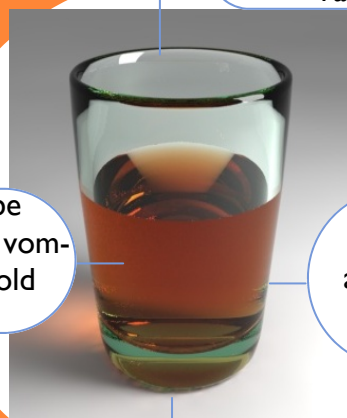
Pursue Life!

Alcohol, be "Aware"

- ▶ The number of college students that die from causes related to alcohol is the same as the number who will get masters and doctorate's degrees
- ▶ Students spend more on alcohol than pop, tea, milk, juice, coffee and books combined
- ▶ 60% of college women with an STD were drunk at the time of infection

What is Alcoholism?

- **Craving:** a strong need to drink
- **Loss of control:** No ability to limit your drinking
- **Physical dependence:** Withdrawal symptoms like nausea, anxiety, shakiness after a period of heavy drinking
- **Tolerance:** The need to drink greater amounts to achieve the same effect



Most common date rape drug

Effects cannot be lessened by coffee, vomiting, or taking cold showers

Costs \$447 on average per student per year

related to 75% - 90% of all on-campus violence

Doesn't everybody do it?

NO! Almost 1/3 of college students surveyed wish alcohol was not available at campus events, and nearly 90% wished that other drugs would disappear from campuses altogether