



JANE HIBBARD IDEMA WOMEN'S STUDIES CENTER EVENT

Tuesday, October 24

12:30 p.m.: Aquinas College Jane Hibbard Idema Women's Studies Center presents *Women Make a Difference: An Hour with Diane Rehm at Aquinas College.*

Speaker: **Diane Rehm, National Public Radio talk show host.** Aquinas College Performing Arts Center 1703 Robinson Road, S.E. Free and open to the public. For more information, call (616) 632-2979.

AQUINAS LECTURE SERIES 2006-07

Tuesday, October 31

12:30-1:20 p.m.: Aquinas College Lecture Series. *Destination Alaska: A Pictorial Journey of the National Parks.* Speaker: **Matthew Tueth, Ph.D., Associate Professor of Geography, Environmental Studies and Sustainable Business and Brenda Hennink, Director of Adult Student Recruitment.** Bring your brown-bag lunch. Aquinas College Wege Student Center Ballroom. Free.

ART NEWS

Sunday, October 8 – Friday, November 3
Aquinas College Ceramics Invitational
curated by Madeline Kaczmarczyk, Aquinas Adjunct Assistant Professor of Art. Monday-Thursday, 10:00 a.m.-7:00 p.m.; Friday, 10:00 a.m.-4:30 p.m.; Saturday and Sunday, 2:00-6:00 p.m. Aquinas Art and Music Center Gallery. Free. **NOTE:** Gallery closed Saturday, October 14-Sunday, October 21.

October 9, 2006

GENERAL INFORMATION

WALK FOR SUDAN

What: **A 5K Walk to benefit the children of Sudan**

When: **Saturday, October 28, 2006 at 8:00 a.m.**

Where: **The walk starts at Grace Episcopal Church, 1815 Hall St.**

Registration Fee: \$25.00 individual, \$35.00 for families

Two congregations housed in the same building are working together to reach out to students in southern Sudan. Grace Episcopal and Sudanese Grace Church members are raising funds to purchase supplies for over 6,600 students in four schools in southern Sudan. Many of the members of Sudanese Grace Church are former "Lost Boys of Sudan." They were educated in the refugee camps in Kenya after having to flee their villages during the war that has ravaged their homeland. These boys are now young men who know the importance of education for the future of their people in Sudan. Basic school items – pencils, rulers, workbooks, uniforms – are desperately needed by the schools. Funds will also be used to provide soccer balls, air pumps, bug spray and mosquito nets that provide both fun and protection for these young people.

For more information contact Kathy Brower at 241-4631 or kathybrower@grachurchgr.org

CAREER & COUNSELING SERVICES

UPCOMING EVENTS

Career Fest 2006
Thursday, October 19
3:00-7:00 p.m.
DeVos Place

Michigan Collegiate Job Fair
Friday, November 10
9:00 a.m.-3:00 p.m.
Burton Manor in Livonia

Chicago Bulls Career Fair
Monday, January 8
United Center in Chicago

Graduate School Fair

Oakland University will be hosting a graduate school fair on **Thursday, October 19, 2006 from 11:30 a.m. to 1:30 p.m.** This is a great, free opportunity to learn about the different graduate schools throughout Michigan and abroad. For more information visit:
www.oakland.edu/careerservices

Good news for the class of 2006!

According to NACE the job market for new college graduates continues to improve! Eighty-seven percent of new graduates had more job opportunities available to them than those who graduated in '04-'05!

Top Jobs & Salaries:

Management Trainee: \$38,408
Accounting: \$43,987
Finance: \$46,051
Teaching: \$31,954
Consulting: \$49,991

Extracted from the National Association of Colleges and Employers Fall 2006 Salary Survey Report

If you are interested in an Internship for this Fall, Spring or even next summer sign up for an **Information Session. Sessions are held on Wednesday's at 11:00 a.m.** Internships are great work experience and look very appealing to potential employers. Call extension 2905 or Laretta at extension 2901 for more information.

Applications for Spring 2007 Chicago Semester are due by Thursday October 26 to Laretta Simpson at Career Services!

To learn more about the opportunities available through the Chicago Semester program, call Laretta at x2901 or visit their website at:
www.chicagosemester.org

eRecruiting is accessible 24 hours a day, 7 days a week. Check out occupations, industry information and more at aquinas.erecruiting.com. Find internship/job opportunities, sample resumes and cover letters, along with a calendar of upcoming events. Call

x2905 if you need to set up an account. Employers recently linked to Aquinas' eRecruiting Program

Spectrum Health: Continuing Care Center
Grand Rapids Art Museum: internship
<http://www.gramonline.org>
EcmTek: software company
Brickell Holdings LLC
Aimco: Stuyvesant apartments

Thinking of Graduate School?

Consider CD 401 for Graduate School offered Second Quad on **Tuesdays from 4:30-5:45 p.m.**

RELAXATION 101

When: **Tuesday, October 31st from Noon-1:00 p.m.**

Where: **Loutit Room**

What: Seminar about relaxation techniques including: meditation, visualization, progressive relaxation, and deep breathing methods

October: Alcohol and Drug Awareness National Collegiate Alcohol Awareness week is October 8th-13th.

What is a drink?

12 ounces of beer = 5 ounces of wine = 1.5 ounces of liquor (80 proof)
Note: They all contain the same amount of alcohol.

Do you need to cut down?

- ❖ Do you drink alone when you feel angry or sad?
- ❖ Does your drinking ever make you late for work/school?
- ❖ Does your drinking worry your friends/family?
- ❖ Do you ever drink after telling yourself you won't?
- ❖ Do you ever forget what you did while you were drinking?
- ❖ Do you get headaches or have a hang-over after you have been drinking?

If you answered "yes" to any of these questions, you may have a drinking problem

How to cut down

1. write down your reasons for cutting down or stopping
2. set a drinking goal
3. keep a "diary" of your drinking
4. watch it at home

5. drink slowly
6. take a break from alcohol
7. stay active
8. Don't Give Up!

THIS WEEK AT AQUINAS

Monday..... 9

Noon-3:00 p.m.-St. Joseph Hall-Weight Room
 4:30 p.m.-Weekday Mass, Bukowski Chapel
 6:00-9:00 p.m.-St. Joseph Hall-Weight Room
 9:00-11:00 p.m.-Field House-Open Gym

Tuesday.....10

Noon-3:00 p.m.-St. Joseph Hall-Weight Room
 4:00 p.m.-WOMEN'S SOCCER v MADONNA UNIVERSITY
 6:00-9:00 p.m.-St. Joseph Hall-Weight Room
 7:00 p.m.-VOLLEYBALL v SIENA HEIGHTS
 9:00-11:00 p.m.-Field House-Open Gym

Wednesday.....11

Noon-3:00 p.m.-St. Joseph Hall-Weight Room
 4:00 p.m.-MEN'S SOCCER v MADONNA UNIVERSITY
 6:00-9:00 p.m.-St. Joseph Hall-Weight Room
 9:00-11:00 p.m.-Field House-Open Gym

Thursday.....12

Noon-1:00 p.m.-Adoration of the Blessed Sacrament,
 Bukowski Chapel
 Noon-3:00 p.m.-St. Joseph Hall-Weight Room
 4:30 p.m.-Weekday Mass, Bukowski Chapel
 6:00-9:00 p.m.-St. Joseph Hall-Weight Room
 7:00 p.m.-VOLLEYBALL v GOSHEN
 9:00-11:00 p.m.-Field House-Open Gym

Friday..... 13

Noon-3:00 p.m.-St. Joseph Hall-Weight Room

Saturday..... 14

11:15 a.m.-Cross Country @ UW Oshkosh Brooks
 Invitational (Oshkosh, WI)

1:00 p.m.-MEN'S SOCCER v CORNERSTONE UNIV.
 4:00 p.m.-WOMEN'S SOCCER v CORNERSTONE UNIV.

Sunday.....15

7:00-9:00 p.m.-St. Joseph Hall-Weight Room
 7:00-11:00 p.m.-Field House-Open Gym

Monday..... 16

Noon-3:00 p.m.-St. Joseph Hall-Weight Room
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Campus Correspondence is published each Monday while classes are in session for faculty, staff, and students of Aquinas College.

www.aquinas.edu/cc

Please submit information to
 Campus Correspondence

E-mail: rkimble79@hotmail.com

Or

<http://www.aquinas.edu/collegerelations/publications.html>

Campus Correspondence is now available on Acorn and the Moose.

The editor of *Campus Correspondence* reserves the right to edit for space and grammar. Items will be run for a maximum of two consecutive issues.

DEADLINE: WEDNESDAY, NOON