



AQ ATEP graduates have an 80 percent first-time pass rate on the national certification exam, well above the national average.

Welcome to one of the newest programs in one of health care's most dynamic fields. At Aquinas, our Athletic Training Education Program (ATEP) is designed to give you the knowledge, experience and skill to become a Certified Athletic Trainer (ATC).

Upon graduation and certification, you'll be skilled in injury prevention and treatment, and trained in the most advanced injury rehabilitation techniques. In other words, you'll be well-prepared to make all the difference in the world, both to athletes you help and to the teams you support.

Profile: The Athletic Training Education Program (ATEP)

Aquinas College. Founded in 1886, Aquinas was the nation's first coeducational Catholic college. The campus is home to more than 2,300 graduate and undergraduate students from more than 20 states and 11 countries. Inspired by our Catholic Dominican traditions, students from all faith backgrounds pursue rigorous studies and a never-ending search for truth.

Agile Minds. Active Hearts. The Athletic Training Education Program (ATEP) is part of Aquinas' Health, Physical Education and Recreation (HPER) Department. Students in the department pursue bachelor's of science degrees in four majors: athletic training; business administration-sports management; physical education, teaching; physical education, recreation.

Training Grounds for Athletic Trainers. The Aquinas Fieldhouse features advanced rehabilitation equipment and therapeutic modalities. ATEP students hone their rehabilitative skills on equipment including ultrasound devices, electrical stimulation (e-stim) machines and whirlpools. AQ ATEP students also train by working with the practical nurse at the campus Health Center.

Go Saints! Aquinas' 17 varsity sports teams play in the Wolverine-Hoosier Athletic Conference (WHAC) of the National Association of Intercollegiate Athletics (NAIA). The Saints come to play, and for seven years running Aquinas has been awarded the conference's All-Sports Trophy.

Women's Athletic Teams

basketball
cheerleading
cross country
dance
golf
soccer
softball
tennis
track
volleyball

Men's Athletic Teams

baseball
basketball
cross country
golf
soccer
tennis
track

Accreditation. The Aquinas ATEP is fully accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP).

Learn more about the AQ Athletic Training Education Program. Visit www.aquinas.edu/health, call (616) 632-2897, (800) 678-9593 or e-mail sprindeb@aquinas.edu.

AQUINAS COLLEGE
Makes all the difference in the world.

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"Among allied health careers, this is one of the most dynamic fields. So get ready to make a difference."

– Deborah Springer, ATC, M.A., program director,
Athletic Training Education Program



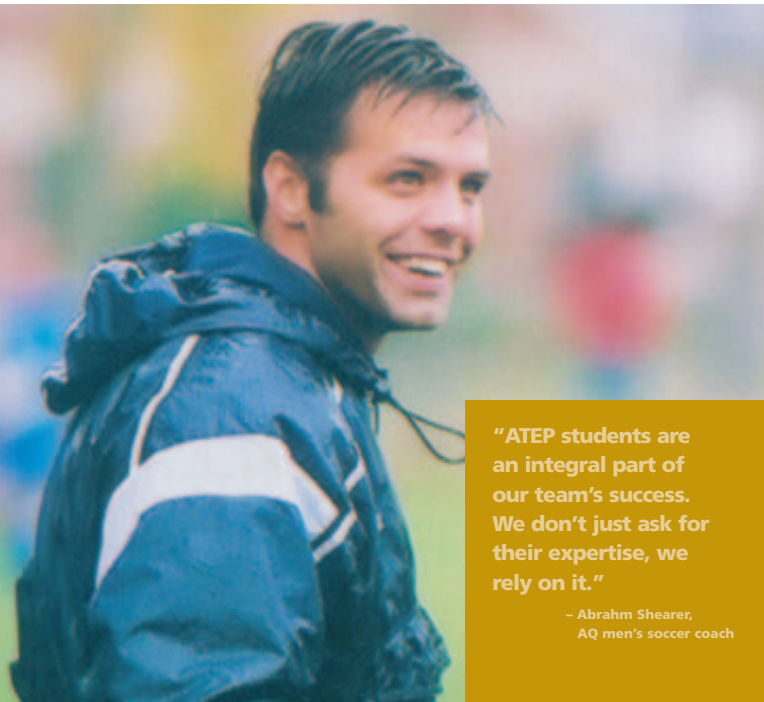
Learn from professional athletic trainers.

Get ready for some thoroughly professional training. The faculty of our Athletic Training Education Program (ATEP) is serious about giving you everything you need to excel. Like hands-on classes so you'll learn more. And extensive athletic training opportunities, so you'll do more. At Aquinas, athletic training is a serious business, so be prepared to give it your very best effort.

A hands-on approach (is head-and-shoulders above any other).

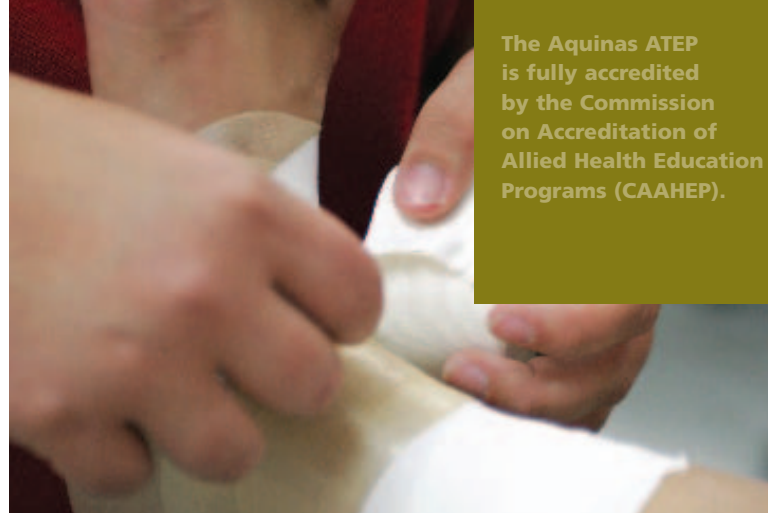
Ready for some personalized attention? The Aquinas ATEP is respected, rigorous – and small. What's the benefit there? Here you'll get even more exposure to faculty with years of experience – on average, more than 20 years in the field. They've worked as athletic trainers for secondary-level, collegiate and professional teams. Some have worked in sports medicine clinics. Take advantage of their wisdom and wealth of experience.

After all, they've created an athletic training program that is fully accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP). Why is that important? Because only graduates of accredited programs can sit for the BOC national certification exam.



"ATEP students are an integral part of our team's success. We don't just ask for their expertise, we rely on it."

– Abrahm Shearer,
AQ men's soccer coach



The Aquinas ATEP is fully accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP).

Open your mind to a rigorous curriculum.

It's a total workout – body and mind. In this action-packed program, you'll learn to evaluate the injury. Administer critical first aid. Determine whether further medical attention is required. And when injuries require rehabilitation, you'll develop and supervise treatment programs. Let's face it, when it comes to getting athletes back out on the field, you're the most valuable player.

AQ ATEP curriculum: science and the science of sport.

Motion. That's where all sports injuries start. So the ATEP curriculum at Aquinas will make you an expert in human motion. You'll learn how the body works – and how it heals. A rigorous academic approach prepares you for an active health care career, or for the nation's toughest graduate schools. Athletes (like you?) are passionate about sports. The ATEP curriculum refines that passion, by giving you the science behind them.

Athletic training major course requirements include:

- Human Anatomy
- Human Physiology
- Physiology of Exercise
- Kinesiology
- Medical Aspects of Athletics/Physical Education
- Advanced Athletic Training
- Therapeutic Modalities
- Therapeutic Exercise
- Pharmacology and General Medical Conditions
- Evaluation of Athletic Injuries
- First Aid

Get the hands-on training to be a winner.

For Aquinas' 17 intercollegiate teams, victory is sometimes measured in seconds. For ATEP students, success is measured in hours – 800 hours, to be exact. That's the number of clinical hours all ATEP students must complete prior to graduation.

Here, you'll get practical experience working as an athletic training student for Aquinas' NAIA intercollegiate teams. You'll cover team practices and games and, when necessary, provide on-the-spot care. To prevent injury, you'll develop conditioning protocols to make injuries less likely, and create rehabilitation programs that get athletes back out on the field.

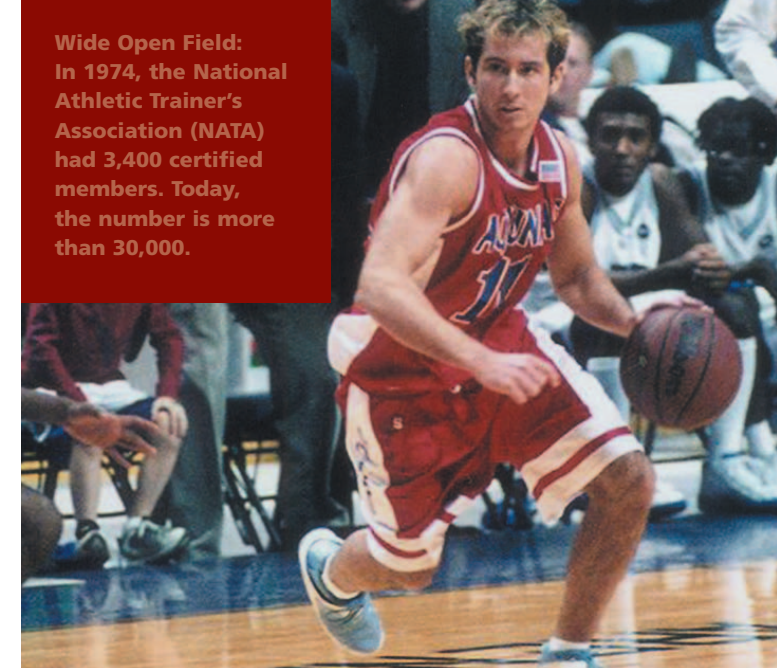
Beyond Campus: Fields of Opportunity.

ATEP students get allied health care experience in sports medicine clinics and serve as athletic training interns for teams at area high schools and community colleges. Make the right connection and you might get an internship with the hard-hitting Grand Rapids Rampage. (When the Arena Football squad won the 2001 championship, an AQ ATEP student was part of the team as an intern athletic trainer.)



All athletic training students can get practical experience working as athletic trainers for one or more of Aquinas' 17 NAIA intercollegiate teams.

Wide Open Field: In 1974, the National Athletic Trainer's Association (NATA) had 3,400 certified members. Today, the number is more than 30,000.



Go on to great jobs and grad schools.

Graduate at the top of your game. Choose the future you want. And then run with it. AQ's athletic training majors graduate with a bachelor's of science degree and wide-open employment prospects. Bottom line: This is a career where your maximum potential meets unlimited possibilities.

Hot Prospects: Athletic Trainers Go Everywhere.

The employment opportunities are bright for athletic trainers, especially given the American Medical Association's recent recommendation that all high schools employ Certified Athletic Trainers.

As a Certified Athletic Trainer, you can pursue a career working in both professional and college athletics, in corporate and retail fitness centers, and at hospitals and rehabilitation clinics. In health care settings, you can work alongside physicians, and with physical and occupational therapists.

Graduate school is also an option. AQ ATEP students are pursuing master's degrees in athletic training, sports management, exercise physiology, and physical education. And the rigorous health sciences curriculum is a perfect foundation for graduate studies toward careers in medicine, physical therapy and physician assistant programs.