

**SELF-ASSESSMENT INVENTORY
FOR STUDENTS ON PROBATION**

	Not a Factor	Minor Factor	Somewhat Factor	Moderate Factor	Major Factor
1. Failure to schedule time wisely	1	2	3	4	5
2. Poor study habits	1	2	3	4	5
3. Inability to concentrate	1	2	3	4	5
4. Lack of Motivation	1	2	3	4	5
5. Lack of Self-Discipline	1	2	3	4	5
6. Lack of Interest	1	2	3	4	5
7. Excessive course load	1	2	3	4	5
8. Lack of Educational Goals	1	2	3	4	5
9. Lack of career goals	1	2	3	4	5
10. Difficulty taking exams	1	2	3	4	5
11. Uninteresting courses	1	2	3	4	5
12. Failure to get enough sleep	1	2	3	4	5
13. Lack of energy	1	2	3	4	5
14. Working too many hours	1	2	3	4	5
15. Personal illness	1	2	3	4	5
16. Family Problems	1	2	3	4	5
17. Excessive stress	1	2	3	4	5
18. Study conditions in residence hall	1	2	3	4	5
19. Unrealistic expectation of amount of study necessary	1	2	3	4	5
20. Failure to seek help when needed	1	2	3	4	5

21. Other problems not listed _____

22. The one thing I intend to do differently next semester is:

23. I would like to discuss this with someone at Aquinas who is interested in helping me.

Please circle

YES

NO

Student Name: _____

Phone: _____

A good time to call me is: _____

Please return as soon as possible to:

**Bradford S. Winkler
Dean of Student Development
Aquinas College
Grand Rapids, MI 49506**