

**IF YOU HAVE EXPERIENCED  
SEXUAL ASSAULT, DATING VIOLENCE,  
DOMESTIC VIOLENCE, or STALKING,  
CONSIDER THESE FIRST STEPS**

**Get Help**

- Get to a safe place as soon as you can.
- If you believe you or anyone else is in immediate danger, call 911 as soon as possible.
- Once you are safe, contact someone you trust to be with you for support.

**Get Medical Attention**

- Seek medical attention as soon as possible.
- Medical attention may be necessary to mitigate the risk of sexually transmitted diseases.
- Even if you think you are physically OK, you may have injuries that need treatment.
- Forensic evidence can be collected if criminal action is desired or may be desired in the future.

**Preserve Evidence and Seek Support**

- Evidence may be used to provide proof of criminal activity or in obtaining a protection order.
- Evidence is best collected as soon as possible or within 120 hours of the assault.
- Medical and/or law enforcement personnel can assist with evidence collection and preservation.
- If you choose not to make a police report, consider preserving evidence in the event you change your mind at a later date.
- Seek support from campus and/or community resources.
- Remember that self-care is an important part of coping with the event.

**Consider Reporting the Incident**

- Contact local law enforcement.
- Report to Aquinas College's Title IX Coordinator.

**HERE TO HELP**

**Protective Measures**

Aquinas College recognizes all valid orders of protection including cease and desist, no-contact orders, personal protection, or similar lawful orders. If you have a valid order, please inform the Department of Campus Safety to receive appropriate services.

**Resolution Through the College**

College resolution provides a prompt, fair, and impartial investigation and resolution conducted by officials who receive annual training on issues related to domestic violence, dating violence, sexual assault, and stalking and how to conduct an investigation and hearing process that protects the safety of complainants and promotes accountability. Throughout the College resolution process, parties can be accompanied by an advisor of their choice, will receive simultaneous written notice of the outcome, have the right to appeal the outcome, and will be notified when the outcome becomes final.

**Sanctions/Corrective Actions**

If a respondent is found through a resolution process to have violated policy, Aquinas College may impose sanctions/corrective actions. Sanctions may include formal reprimand, disciplinary probation, campus restrictions, no-contact order, suspension, or expulsion. For respondents who are employees, sanctions may also include termination.

Sexual assault, domestic violence, dating violence, and stalking may be found to be criminal acts, which may also subject the respondent to criminal and civil penalties under federal and state law.

# Rights, Options, & Resources

for sexual assault,  
dating violence,  
domestic violence,  
& stalking

AQUINAS  
COLLEGE

It is the policy of Aquinas College that no person on the basis of race, color, religion, ethnic origin, age, sex, sexual orientation, marital status, or disability shall be discriminated against, excluded from participation or employment in, or be otherwise subjected to discrimination under any program or activity for which Aquinas College is responsible. Aquinas College is required by Title IX of the Education Amendments of 1972 to ensure that none of its education programs and activities discriminate on the basis of sex/gender. Reports of sex-based discrimination and inquiries regarding the application of Title IX can be made with the Title IX Coordinator, 107 Academic Building, [titleix@aquinas.edu](mailto:titleix@aquinas.edu), (616) 632-2439.

# RESOURCES AND SERVICES

## REPORTING SERVICES

For emergencies, call 911

### Law Enforcement

---

#### **Grand Rapids Police Department**

Nonemergency • (616) 456-3400

#### **East Grand Rapids Public Safety Department**

Nonemergency • (616) 949-7010

#### **Kent County Sheriff's Department**

Nonemergency • (616) 632-6100

### Aquinas College's Title IX Coordinator

---

(616) 632-2439 • [titleix@aquinas.edu](mailto:titleix@aquinas.edu)

You have the option to *report* to Aquinas College, which means alerting the College about an incident. You also have the option to make a *formal complaint* with the College, which means a formal request for an evidence-based investigation resolution process. You may report to the College and receive support with or without a formal complaint. Reports can be made at any time (including during non-business hours) at [aquinas.edu/titleix](https://aquinas.edu/titleix). The Title IX Coordinator will respect the privacy of the information you report and will share it with only those who need to know. If you decide to report the incident to law enforcement, the Title IX Coordinator can help facilitate your connection with the appropriate agency.

## MEDICAL SERVICES

### Sexual Assault Nurse Examiner (SANE) Programs

---

On-call nurse examiner programs are especially important for victims of sexual assault for evaluation, treatment, and evidence collection.

#### **YWCA of West Central Michigan**

25 Sheldon Blvd., Grand Rapids, MI 49503  
(616) 454-9922

The nurse examiner program is available 24 hours a day at no cost. The YWCA also provides a 24-hour confidential helpline, victim advocacy, counseling, shelter, and support groups.

### Spectrum Health (Hospital)

---

100 Michigan St. NE, Grand Rapids, MI 49503  
(616) 391-1774

Spectrum Health is a full-service major trauma hospital located in downtown Grand Rapids.

### AQ Health Center

---

Wege Student Center, Lower Level  
(616) 632-2969

Operated by Mercy Health, the AQ Health Center offers general medical care, including physical and gynecological exams.

## CAMPUS RESOURCES

### Accessing Supportive and Protective Measures

---

Aquinas College makes available a variety of supportive measures, including assistance in changing academic, living, transportation, and working situations, independent of your choice to report to law enforcement or pursue formal action through the College.

To discuss options or request support, contact:

#### **Aquinas College's Title IX Coordinator**

(616) 632-2439  
[titleix@aquinas.edu](mailto:titleix@aquinas.edu)  
[aquinas.edu/titleix](https://aquinas.edu/titleix)

### Additional Campus Resources

---

#### **Department of Campus Safety**

Campus Safety Building • (616) 632-2462

#### **Human Resources**

Holmdene 215 • (616) 632-2498

#### **Campus Ministry**

Academic Building 309 • (616) 632-2488

## CONFIDENTIAL COUNSELING SERVICES

### **Counseling, Health & Wellness Services**

Donnelly Center, Lower Level • (616) 632-2905  
Counseling, Health, & Wellness, Services provides free and confidential help to Aquinas College students.

### **Employee Assistance Center**

[eacworklife.com](https://eacworklife.com) • 1-800-227-0905  
Aquinas College's employee assistance program provides professional and confidential counseling to employees and their household members.

## COMMUNITY RESOURCES

### **Legal Aid of Western Michigan**

25 Division Ave. S, Suite 300  
Grand Rapids, MI 49503  
[legalaidwestmich.org](https://legalaidwestmich.org) • (616) 774-0672

### Personal Protection Orders

---

#### **Kent County 17th Circuit Court**

180 Ottawa Ave. NW, Suite 3500  
Grand Rapids, MI 49503  
(616) 632-5071