Osher Lifelong Learning Institute



SCHEDULE OF COURSES Fall I 2023 September 6 - October 23, 2023

FALL I REGISTRATION Begins Monday, August 21, 2023



Director's Note

Welcome Back to OLLI in this 50th year of lifelong learning at Aquinas College. Classes will begin on September 6 with a presentation from our favorite resident instructor, Dave Kampfshulte. **Our Annual Member Breakfast Opening will be on September 22 with Dr. Richard Bell in person for one of his amazing history lessons.** We are excited to see all of our OLLI scholars back and ready to go!

—Sheila Pantlind, OLLI Director

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dr. Fred Johnson Series: Women Who Earned Medals 9:30-11:00 a.m. Finding Your Voice: Memoir Writing 11:45 a.m 1:15 p.m. Michigan History with Dr. Matthew Daley 1:30-3:00 p.m. Modernist Art in the Early Twentieth Century 1:30-3:00 p.m.	Transgender: Learning from non-Western societies (ZOOM) 9:30-11:00 a.m. Overlooked Destinations 1:30-3:00 p.m. Fall Tours with Caroline Cook 1:30-3:00 p.m. Everything Else is a Story 11:45 a.m 1:15 p.m. Calvinists & Indians 1:30 p.m. Handguns 9:30-11:00 a.m. Cousin Abe's Journey 9:30-11:00 a.m. Great 2024 Total Solar Eclipse 1:30-3:00 p.m. Bruce Springsteen 9:30-11:00 a.m. Midwest Grows Green: Protecting Pollinators at Home (ZOOM) 1:30-3:00 p.m.	Bits of Wisdom Picked Up Along the Way 9:30 - 11:00 a.m. The Connection Between Wellness and Design 1:30 - 3:00 p.m. History of Fashion: the Late Ancient World 9:30-11:00 a.m. A Stronger Kinship: A Road Untaken in Covert, Michigan 9:30-11:00 a.m. Russian Art with Carol Rudie (ZOOM) 1:30-3:00 p.m. Drawing from Start to Finish 11:45 a.m 1:15 p.m. Germany From Metternich to Merkel (1800-Present), Part I 9:30-11:00 a.m. Sculptures in Our World 1:30-3:00 p.m. Social Justice 1:30-3:00 p.m.	Slangwhangers and Other Disreputable Language Abusers 9:30-11:00 a.m. America's First Ladies - Most Influential (Part 3) 1:30-3:00 p.m. Medieval and Early Modern Scotland: Continuation of Dr. Maag Series 1:30-3:00 p.m. The Saint of Beaver Island: An Historical Tale 9:30-11:00 a.m. Gender and the Economy 9:30-11:00 a.m. Walking the Camino de Santiago: An Inspiring Pilgrimage 1:30-3:00 p.m. The History and Philosophy of Health 9:30-11:00 a.m. Dinos & Fossils 11:45 a.m 1:15 p.m.	Death on Lake Michigan: The Tragedy of the Lady Elgin 9:30-11:00 a.m. Birds As Exemplars of Evolution 9:30-11:00 a.m. History with Dr. Richard Bell 9:30-11:00 a.m. Tour of Indian Trails Camp (IKUS) adjacent to Aman Park 10-30a.m 12:00 p.m. British History with Dr. Julie Taddeo (ZOOM) 9:30-11:00 a.m.



Register for Fall I 2023 OLLI Classes

OLLI Membership Levels

BRONZE

\$25

\$17/class

SILVER

\$60

\$14/class

GOLD

\$450

no charge for tuition

Classes will begin Tuesday, September 6 There will be both ZOOM and in-person classes

Registration begins Monday, August 21 at 9 AM Call 616-632-2430

or email Corey - cm002@aquinas.edu or Susan - skk003@aquinas.edu Please only contact ONE of us; not both





- Membership required to take classes
- Registration is not complete until payment has been received AND processed.
- In order to receive an OLLI credit, a 2 business day cancellation notice is required by EMAIL OR PHONE.
- Refunds for tuition may be in the form of an OLLI credit or a credit card refund.

Renew your membership - Enjoy A Free Class & Brunch RICHARD BELL IN-PERSON



Start your academic year off on the right foot with an OLLI membership and *free program/brunch* with Richard Bell, Ph.D, professor of history at the University of Maryland. He has been a repeat favorite here at OLLI and will be here in-person to kick off our 2023-24 season.

See course description within the catalog.

A great way to introduce a friend to the OLLI program

Registration is required.

MONDAY

Dr. Fred Johnson Series: Women Who Earned Medals

Monday, 9:30-11:00 a.m. 6 Classes - September 11, 18 & 25 and October 2, 9 & 16



Fred Johnson, Ph.D. is a professor of history at Hope College. His primary field of study is 19th Century History. Dr. Johnson has received many awards,

including th eHope favorite and Most Outstanding Professor Awards. He is a former Marine Officer and business leader; in addition, he has written over 9 books. Dr. Johnson was recently awarded an Endowed Chair in his name at Hope College.

September 11 (Donnelly) -Congressional Denial: Her amazing courage earned her an award that was recalled then restored by a nation that finally recognized her as a HERO.

September 18 (ZOOM) - Chief of Fearless Sacred: At first, the Navy didn't want them but WWI's brutality proved that the Navy couldn't live without them.

September 25 (Donnelly) - Stars of Silver: The fearless courage they demonstrated on the battlefields of WWII was proudly carried forward to the battlefields of Irag.

October 2 (ZOOM) - One of a Kind: While enduring as a prisoner during WWII or surviving artillery in Korea, she broke barriers for thousands coming behind her.

October 9 (Donnelly) - Speedster: Everyone heard her and then no one did. And that was the whole point.

October 16 (ZOOM) - Spirit of a Lion: Ordered to evacuate, she demonstrated the finest qualities of the American warrior's creed, "Leave No One Behind."

Finding Your Voice: Memoir Writing

Monday, 11:45 a.m.-1:15 p.m. 4 Classes - September 11, 18, 25 & October 2



Deb Moore helps people preserve their life stories in print through her business The Stories of Your Life. (Limit 18)

Everyone has a story to tell - have you told yours yet? Join Deb for inspiration, instruction, writing, sharing, and feedback. You'll be surprised how easy and rewarding it can be to write your personal or family history-one story at a time. While structured to start new participants on their memoir writing journeys, don't be hesitant to retake this class if your writing is stalled and needs reinvigoration.

Michigan History with Dr. Matthew Daley

Monday, 1:30-3:00 p.m. 2 Classes - September 18 & October 16



Matthew Daley, Ph.D., is a professor of history at GVSU. Dr. Daley's research focuses on urban, public and social policy; Great Lakes

maritime culture and technology; and public history. He serves on the Social Studies State Board of Michigan.

September 18 - Michigan Lighthouses: Standing as lonely sentinels along the coasts and at harbor mouths throughout Michigan, lighthouses serve as enduring reminders of Michigan's maritime heritage and operate as popular tourist attractions. The stories of keepers and storms give them a well-deserved aura of romance and adventure.

October 16 - Lake Michigan Hurricane, 1940 Armistice Day

Storm: During the weekend of November 9 and 10, 1940 the unseasonably warm temperatures drew hundreds into the outdoors. Sweeping across the Great Plains came a massive storm front that collided with a tropical storm from the Gulf of Mexico over Lake Michigan. The resulting storm would rapidly drop temperatures by nearly 60 degrees in a matter of hours and produce a 70 mile-per-hour storm for two days. Dozens of sailors lost their lives, ships were wrecked and driven ashore, and the coastline of the lake was changed forever. The Armistice Day Storm of 1940 remains one of the most devastating to occur on the Great Lakes.

Modernist Art in the Early Twentieth Century

Monday, 1:30-3:00 p.m. 3 Classes - September 25, October 2 & 9



Henry Luttikhuizen, Ph.D., Professor Emeritus of Art History from Calvin University, received his doctorate from the University of Virginia. He currently

serves as Scholar in Residence at Grand Valley State University. Henry has published numerous books and articles in his academic discipline. In addition, he has served as the curator of exhibitions at local art museums and galleries.

This course will concentrate on various artistic movements in the first couple of decades of the twentieth century. The goal is to improve our understanding of the ways that visual images sought to provide solutions to problems associated with life in modernity. To this end, we will consider how artists responded to the crises of World War I, Colonialism, and the Industrial Revolution.

TUESDAY

Transgender: What can we learn from non-Western societies? (ZOOM)

Tuesday, 9:30-11:00 a.m. 2 Classes - September 12 & 19



Niko Besnier, Ph.D. is a socio-cultural and linguistic anthropologist, and the author or editor of ten books. He has taught at the

University of Illinois, Yale University, Victoria University of Wellington, UCLA, and the University of Amsterdam, and currently is Adjunct Professor of Anthropology at La Trobe University in Melbourne.

Transgender is front and center of the "culture wars" that are raging in the United States and elsewhere in the world. Yet transgender people of one form or another have existed for a long time in many societies of the world. This class will focus on the lives of transgender people in selected non-Western societies, focusing in particular on transgender people in Tonga (Pacific Islands), among whom Niko Besnier has conducted fieldwork since 1994. The class will explore the insights we can gain from these other contexts while also avoiding exoticization and romanticization.

Overlooked Destinations

Tuesday, 1:30-3:00 p.m. 1 Class - September 12



Gary Hauck, Ph.D. is dean emeritus at Montcalm Community College where he has also taught world cultures and geography, religion,

humanities, and history. He is also a world traveler!

Hidden between the major flight patterns around the world are lesser-known destinations worth exploring and experiencing – even vicariously! From the temples of Laos to the jungles of Bolivia, or the rich cultural sites of Estonia or Armenia, less publicized gems can introduce you to mystery, beauty, and adventure that few experience. Whether it's the Source of the Nile in Uganda or the glaciers of Antarctica, you're bound to learn of some new locations that you may wish to add to your own bucket list! Join us for a journey to "Overlooked Destinations."

Fall Tours with Caroline Cook

Tuesday, 1:30-3:00 p.m. 2 Tours - September 12 & October 10



Caroline Cook, chief tour ambassador of Grand Rapids Running Tours, is all about Grand Rapids History. Caroline tells fascinating tales and

gives guided tours of Grand Rapids highlighting the city's culture, history, and growth. (Limit 25 each tour)

September 12 - Oakgrove Cemetery - A Peaceful Place:

Maybe you have never explored this cozy space in the south side of Grand Rapids. Or even noticed it when you cruise east or west on 28th Street amidst the steady traffic. This quaint cemetery - hidden from thousands of cars - was once located in the middle of nowhere, a completely rural setting. Even today, its snug little setting paints a picture of what the area must have looked like back then - with its magnificent stands of mature Oak trees... when it was called Paris Township Cemetery. Find out who is buried here. Meeting location TBA

October 10 - Saints and Spirits:

The bucolic grounds of Aquinas College abound with not only beauty, but historically intriguing stories of earlier lives who traversed the woods, gardens and streams. Learn about the property that was once a dairy farm, a proper estate, a business college and now a renowned Catholic academic

institution. The tour will visit today's campus buildings that date from the original Lowe family era: the mansion, carriage house, stables, winery, and gatehouse. We will also investigate various landmarks on campus which foster superstitious traditions. And maybe, just maybe, we witness a spirit of haunted Holmdene before we peek at Brookby, a "related" mansion just around the corner.

Meet in Browne Center Parking lot at 1:15 p.m.

Life is Breath: Everything Else is a Story

Tuesday, 11:45 a.m. - 1:15 p.m. 3 Classes - September 19, 26 & October 3 (Limit 15)



What Pam
Daugavietis has
learned in her 79
years of life as a
freelance writer of
real stories about real
people, is that our
best teachers are first
hand experiences

of changes and events we live through, learn from and survive. We also learn from the people we meet, lasting or temporary relationships we form with some of them, and the hard times that may have once felt like the worst thing to later become the best thing to happen. So when we write our stories (from prompts I will provide), we will write about lessons learned, that enables us to live our lives with more grace, gratitude, grit, humility, and humor as we grow older - never old - but wiser, more content, happier, and more compassionate toward self and others!

Calvinists & Indians in the Northeastern Woodlands

Tuesday, 1:30-3:00 p.m. 2 Classes - September 19 & 26



Steve Staggs, Ph.D., a historian of early North America and author of Calvinists and Indians in the Northeastern Woodlands,

will continue his exploration of the cross-cultural encounters that took place between Native Americans and Europeans living in the Northeastern Woodlands in the period of up to 1754. Dr. Staggs will show (with document evidence) that Native Americans and Europeans hunted, smoked, ate, drank, and even traveled in canoes together. This is fascinating information considering the way the relationship changed so dramatically in the next century.

Handguns: The Legal Landscape in Michigan under State and Federal Laws.

Tuesday, 9:30 - 11:00 a.m. 1 Class - September 26



Larry Willey, Of Counsel Willey & Chamberlain LLP, earned his J.D. from the U of M Law School and is recognized by his peers as one of

the best criminal defense attorneys in Michigan. He has also clerked for a District Court judge in Hawaii and been a federal prosecutor in Washington, D.C.

Larry will discuss what the laws and penalties are in regard to guns. He will explain **who** can possess a gun and exactly who can carry. He will also explain **where** a person can possess or carry. His presentation will also cover what the penalties are for possessing and carrying a gun illegally.

Cousin Abe's Journey from Moderate to Martyr

Tuesday, 9:30-11:00 a.m. 1 Class - October 3



Jim Mitchell, a leading intellectual property attorney in Grand Rapids, will present a class on his "Cousin Abe," who descended

from puritans of the great puritan migration of 1630-1640: Samuel Lincoln, Robert Taft, and Benjamin Albee. Jim will discuss how Abraham Lincoln went from a moderate to martyr; how slavery went from a "necessary evil" (John Adams) in 1750 to a major sectarian issue in 1850; discuss when slavery first became a concern for Lincoln; and learn about the secret views Lincoln had which differed from his public views.

Coming Soon: Great 2024 Total Solar Eclipse

Tuesday, 1:30 - 3:00p.m. 2 Classes - October 3 & 10



Dave DeBruvn, **Chief Curator** Emeritus of the Roger B. Chaffee Planetarium, and Bill Steffen, longtime local weatherman, will once again team up to talk about the once in a lifetime spectacle of the total eclipse of the sun. This will be the last total solar eclipse visible from parts of the U.S. until 2045!



Dave and Bill are back to talk about the really BIG astronomical event coming up next year on April 8th when a total eclipse of the sun will be accessible to all within a day's drive, sky conditions permitting. Producing deep twilight at midday, total solar eclipses have been described as "Nature's Greatest Spectacle." Rarely seen, there will not be another visible from the U.S. until 2045. Dave will explain what causes eclipses and where you must go to see the u

pcoming event. Then Bill will talk about typical Midwest weather during spring and give advice on strategies to provide the best chance for clear skies to see the eclipse.

The Gospel of Bruce Springsteen

Tuesday, 9:30-11:00 a.m. 1 Classes - October 17



Jon VanderPloeg, attorney at Hilger and Hammond, is an avid record collector and music historian. Jon will tell us all we ever wanted to

know about this incredible musician - from his birth place, to his start in music, to the lessons learned from the Beatles and other artists, to his expression of the gospel message, to the reason he is called "the boss," and much more. And, yes, the music of Mr. Springsteen will be playing throughout!

Midwest Grows Green: Protecting Pollinators at Home (ZOOM)

Tuesday, 1:30-3:00 p.m. 1 Class - October 17



Ryan Anderson is the Sustainable Communities Manager for the Project Management Institute of North America. A 2016

National Academies of Sciences Fellow, Ryan has extensive experience advancing science-based solutions in urban and residential communities highlighted by his leadership of Midwest Grows Green (MGG) sustainable landscaping initiative.

Ryan Anderson will illustrate the critical need to reverse the decline of pollinators and how you can create pollinator habitat at home by not mowing, planting native and avoiding pesticides. Attendees should leave this presentation with the ability to protect pollinators and participate in movements such as "No Mow May."

WEDNESDAY

Bits of Wisdom Picked Up Along the Way

Wednesday, 9:30 - 11:00 a.m. 1 Class - September 6



Dave Kampfschulte has been facilitating groups for personal growth for over 28 years as chronicled in his book, Amazing Circles. He has

presented workshops to businesses, schools, churches, and many more organizations. He counseled students at East Grand Rapids HIgh School for many years and created a **Youth Development** program that was a model for other schools.

The benefit of growing older is that we have time to reflect on what we have learned from our numerous life experiences, both the good and the bad. We have also invariably picked up some wisdom along the way. Join Dave in this interactive session as we reflect on what life has taught us and what wisdom really means. You might find out that you are smarter than you think. What a way to start our Fall Session. A class with amazing Dave!

The Connection between Wellness and Design

Wednesday, 1:30 - 3:00 p.m. 2 Classes - September 6 & 13



Michelle Loveless is an interior designer and the owner of "Skinny House." The origin of her business is home organizing and has evolved to be

a full service interior design firm. She is passionate about helping create spaces where people can thrive, and takes a holistic approach to design that addresses both the form and the function of a space. Michelle's motto is: "Every. Detail. Beautiful." She believes it is important for ALL of the spaces

in our homes to be beautiful and functional from our pantries to our living rooms.

Our environment matters. Where we live directly affects our health and wellness. Michelle will guide students to intentionally create spaces in your home that are beautiful, restorative and enhance wellness.

History of Fashion: the Late Ancient World

Wednesday, 9:30-11:00 a.m. 3 Classes - September 13, 20 & 27



Suzanne Eberle, Ph.D. is a professor emerita of Art History at Kendall College Art & Design for 41 years. She also serves on the Sculpture Advisory

Committee and Education Committee at Frederik Meijer Gardens & Sculpture Park and on the Arts Advisory Council of Notre Dame's Raclin Murphy Museum of Art.

Join Suzanne, as she continues the OLLI series on the History of Fashion by exploring the Roman, Byzantine, and early and Medieval periods. Suzanne will focus on what was worn, how and why it was worn, and how clothing reflected social, religious, political, and aesthetic ideals of these early cultures.

A Stronger Kinship: A Road Untaken in Covert, Michigan

Wednesday, 9:30-11:00 a.m. 1 Class - September 20



Anna-Lisa Cox is an award-winning historian of race relations in nineteenth-century America. She is a fellow at Harvard

University's Hutchins Center for African and African American Research, and a recent Research Associate at the Smithsonian's National Museum of African American History and Culture, where her original research underpinned two exhibits. Cox's first book, A

Stronger Kinship, was awarded the Michigan Notable Book Award.

Starting in the 1860s, the people of Covert, Michigan, broke laws and barriers to attempt what then seemed impossible: to love one's neighbor as oneself. This is the inspiring, true story of an extraordinary town where blacks and whites lived as equals. Come and listen to Anna-Lisa as she tells her beautiful story that is receiving acclaim all over the country!

More Russian Art with Carol Rudie! (ZOOM)

Wednesday, 1:30-3:00 p.m. 2 Classes - September 20 & 27



Carol Rudie, Ph.D. is the Education Outreach Coordinator at the Museum of Russian Art in Minneapolis. She has become a favorite of

OLLI students across the country with her wonderful stories of Russian art and those that create it.

September 20 -Between Cultures: Jewish Artists in the Russian and Soviet Empires: After

Catherine the Great took control of a large section of the Polish Commonwealth, the Russian Empire managed what came to be called "The Pale of Settlement". In spite of the restrictions on movement and cultural expression, the Jewish artists created wide-ranging visual artistry to record their lives. This overview demonstrates how much their work enriched the world of their day.

September 27 - Red on Black, African Experience in Russian Imperial Soviet Culture: While this geographic area is rarely associated with African culture, people and experiences, records show that some interesting migrations have happened. Not only are Africans coming to the Russian Empire

COURSES CONT.

for varying reasons, but African Americans also made their way to the streets of Moscow and St. Petersburg. Trace the stories of this connection and immigration through this presentation to see the various resulting Black experiences.

Drawing from Start to Finish

Wednesday, 11:45 a.m. - 1:15 p.m. 4 Classes - September 27, October 4, 11 & 18 (Limit 14)



Local artist, **Scott Kenyon**, studied portrait painting and drawing at the Maryland Hall for Creative Arts in Annapolis as well as

the Chesapeake Fine Art Studio. He is well known in the community for his incredible drawings/paintings of family pets.

Students will choose a landscape, portrait, or still life from photographs and begin a drawing in week one of the class. With guidance in value, edges, design, and color from Scott, they will continue to work on the one painting throughout the four weeks of class. Hopefully, all will have a beautiful drawing or painting at the end of the class!

Germany From Metternich to Merkel (1800-Present), Part I

Wednesday, 9:30-11:00 a.m. 3 Classes - October 4, 11 & 18



Gary Stark, Ph.D. is a retired professor of Modern European History at GVSU. A specialist on Germany, he studied and lived in both West and East

Germany and is the author of several books on European History and

Why has a land of "poets and thinkers" (Bach, Beethoven, Goethe, Schiller, Durer, Holbein, Kant, Hegel, Heisenberg, Einstein) had such a violent and disastrous modern history? How did this advanced and civilized nation produce Nazism? Before 1870 Germany didn't exist as a united nation, but once it did it was often at war with its neighbors. This series will survey the remarkable, twisting course of German history from the late 18th century to the end of the First World War.

Sculptures in Our World

Wednesday, 1:30-3:00 p.m. 2 Classes - October 4 & 11



Judy Cotner, MA from GVSU, is a teacher (retired after 25 years) and docent at Frederik Meijer Gardens. She is well traveled and loves to tell stories of

the places she visits. She captures the special moments not only from her detailed descriptions, but also from the wonderful pictures she takes along the way.

Sculptures seek to capture the beauty in nature, to convey spiritual teachings, and to honor historical and literary figures. They can be functional or decorative, realistic, or abstract. Whether in the form of an ornamental figurine, or a monumental statue, they had an element of color, surprise, humility, or joy to a simple setting. Travel the world with Judy to discover the quiet beauty of a Zen garden, and see how public spaces are transformed and defined by sculpture.

Intersection between Social Justice, Parole, Probation, Pretrial Detention and Incarcerated Children

Wednesday, 1:30-3:00 p.m. 1 Class - October 18



Devin Schindler, J.D. is a distinguished professor emeritus at Western Michigan University-Cooley Law School. He has argued 3 times before

the Michigan Supreme Court and has litigated numerous constitutional issues at all levels of state and federal courts. Professor Schindler is a legal commentator whose remarks have appeared in **Time Magazine** and **The New York Times** and many other media outlets.

More than 400,000 people in the U.S. are currently being detained while awaiting trial. These individuals are still legally innocent, and, in most cases, remain detained because they could not afford to pay bail. Nearly 3 million individuals are on probation while another 1.9 million remain incarcerated. Of these, 60,000 are children. The United States incarcerates more of its population than any other country in the world. In this interactive session, Professor Schindler will explore both the root causes of these staggering numbers and discuss how our legal system perpetuates our prison nation. The American criminal justice system was based on the English Jurist William Blackstone's belief that "It is better that ten guilty persons escape than that one innocent suffer." Is this still true in 2023?

THURSDAY

Slangwhangers and Other Disreputable Language Abusers

Thursday, 9:30-11:00 a.m. 3 Classes - September 7, 14 & 21



Gary Eberle is an professor emeritus of English at Aquinas College where he taught literature and humanities for 35 years. He is past chair

of the English department and was inducted into the Aquinas College Hall of Fame in 2019. He has authored several fiction and non-fiction books and has been teaching in the Emeritus and OLLI program since 1980's.

What is slang? Why do we use it? What is it compared to? This class will look at the slang, argot, lingo, jive talk, cant, and hep talk of the English language. Increase your vocabulary! Learn to swear like Shakespeare! Learn to understand teenagers! All that and more, as we dig into the colorful world of slang. Are you hep, daddyoh?

America's First Ladies - Most Influential (Part 3)

Thursday, 1:30-3:00 p.m. 1 Class - September 7 (**Limit 20**)



Bonnie David is a graduate of WMU who taught at East Kentwood for 29 years. She has since presented Lifelong Learning classes at

Kellogg Community College for over 15 years. She loves teaching classes about the First Ladies of our country!

As we continue our study of America's First Ladies, we will focus on the ten First Ladies that historians consider to be most influential. This group includes Abigail Adams, Hillary Clinton, Betty Ford, "Lady Bird" Johnson, Rosalynn Carter and Michelle Obama. A "Taste of History" will feature First Lady favorites and former White House Pastry Chef Roland Mesnier's recipes.

Medieval and Early Modern Scotland: Continuation of Dr. Maag Series

Thursday, 1:30-3:00 p.m. 3 Classes - September 14, 21 & 28



Karin Maag, Ph.D. is Director of the H. Henry Meeter Center for Calvin Studies and history professor at Calvin University. She earned a B.A. from

Concordia University, Montreal; M.A. and Ph.D. in Reformation History from the University of Saint-Andrews, Scotland.

This course covers the history of Scotland from the Middle Ages to the union of the crowns in 1603, when James VI of Scotland became James I of England. Along the way we will consider the challenges facing Scotland in navigating European political realities and assess the impact of the major changes that took place during the Scottish Reformation.

The Saint of Beaver Island: An Historical Tale

Thursday, 9:30-11:00 a.m. 1 Class - September 28



David Bernstein completed his undergraduate degree in psychology at the University of Memphis, his hometown. His Ph.D.

in research psychology was completed at the University of Virginia. He was a member of the psychology department for many years at Grand Valley State University, where he taught courses in cognitive psychology and courses that emphasized critical thinking. Once upon a time he and his wife Julie owned a cottage on Beaver Island.

David Bernstein will present a dramatic tale of Feodor Protar's life, taken largely from his recent novel Island Medicine. Protar was known by most on Beaver Island as a saint for his compassionate care of the ill. He was described by some as a "haunted, hunted, desperate man." He was born in 1838 and came from an Estonian family of prominent members of the medical and scientific communities, vet he chose to join a theatrical troupe that toured Europe. He married, but fled his wife and a responsible position and immigrated to the United States and settled on Beaver Island in 1893. There he became a reclusive and revered folk doctor until his death in 1925. What was Feodor Protar seeking and why did he eventually end up on this island? An interesting tale of a fascinating figure in Michigan history.

Gender and the Economy

Thursday, 9:30-11:00 a.m. 1 Class - October 5



Jen Lendrum, Ph.D. is an assistant professor of Sociology at Aquinas College where she specializes in gender, urban poverty, health and

well-being, gender-based violence and generational trauma.

The roles for women have changed dramatically in the last 20 years. We are seeing more women enrolling and graduating from what were once men-only educational fields. In 2022, there were 51,890 women students enrolled at U.S. medical schools. They made up 53.8 percent of all medical school students. The same is true for the School of Engineering! Jen will focus on the changing gender norms and expectations and these changing roles for women in the private and public spheres - and discuss how much these changes are affecting the economy.

Walking the Camino de Santiago: An Inspiring Pilgrimage

Thursday, 1:30-3:00 p.m. 3 Classes - October 5, 12 & 19



Ann Zoellner, retired educational leader, earned her B.A. and M.A. from MSU in Communications/Speech-Language Pathology. Since

retiring, Ann has been traveling the world and sharing her amazing trips with our OLLI Scholars. She will once again tell her story of the Camino de Santiago as she always inspires a few to take the "Walk" she has taken more than once!

A pilgrimage is a journey into an unknown or foreign place where a person goes in search of new or expanded meaning about themselves, others, or a higher good. Join Ann as she shares her life changing experience of looking for those dancing stars by walking the Camino de Santiago: a 500 mile pilgrimage across the top of Spain. Learn the history of the medieval walk; hear about the beautiful cities and charming medieval towns along the way; and- the life lessons learned. Ann will even tell you how to pack if you go!

The History and Philosophy of Health

Thursday, 9:30-11:00 a.m. 2 Classes - October 12 & 19



Jeffrey Byrnes, Ph.D. joined the faculty of GVSU in 2018. He completed his Ph.D. work at the University of Essex, UK. These days his research

is on normative standards in the philosophy of health and normative standards in philosophy of art. What is health? How do we know

when someone is healthy? How do we know we know what a healthy body is

supposed to do or look like? Where do physicians get the standards that they hold their patients up to? Can those standards change? Is mental illness a physical illness? All of us are bound to interact with the health care system. The way it thinks, works, and judges has a profound impact on our lives and the lives of the people we love. Yet, we often fail to reflect on just what assumptions ground the science and practice of the healthcare system. Come explore theories about the nature of physical and mental health and philosophize about key issues in healthcare.

Dinos & Fossils

Thursday, 11:45 a.m. - 1:15 p.m. 1 Class - October 19 (Limit 18)



Tim Lorson, B.S. in Telecommunications Marketing & Business. Now retired after 30 years with Procter & Gamble, independent consulting work and

12 years as an instructor & counselor with Right Management. He has continued his childhood interest and love of dinosaurs through today.

Tim is going to have fun discussing all things dinosaurs. The class will be interactive with OLLI scholars doing some investigations without digging in a field! Many fossils will be displayed and passed around a table, and they are items that Tim found while on actual digs in the West in his 16 years of dinosaur hunting. This additional "on site digging" education for Tim with leading and published American paleontologists made for fulfillment of Tim's teenage fantasies...just 50 years later!

FRIDAY

Death on Lake Michigan: The Tragedy of the Lady Elgin

Friday, 9:30-11:00 a.m. 1 Class - September 8



Valerie Olson van Heest is an American author, explorer, and museum exhibit designer. She is co-founder of the Michigan Shipwreck

Research Association. She has been involved in the discovery and archaeological documentation of numerous historic shipwrecks in the Great Lakes.

September 8, 2023 marks the 163th anniversary of the sinking of the Lady Elgin: the worst tragedy ever on the Great Lakes. This palatial sidewheel steamboat left Chicago bound for Milwaukee just before midnight on September 7, 1860. The 400 passengers were returning from a day's outing. Unfortunately, the Lady Elgin collided in an intense storm with a schooner filled with lumber. The Lady sank within a half hour. People were only able to get in three lifeboats. Valerie will tell the rest of the story.

Birds As Exemplars of Evolution

Tuesday, 9:30-11:00 a.m. 1 Class - September 15



Michael P. Lombardo, Ph.D. is a professor emeritus at GVSU where he taught classes in Evolution, Human Evolution, Ornithology, and

Vertebrate Natural History. He is a Fellow of the American Ornithological Society. He has published over 50 publications on bird behavior including the biology of Tree Swallows, Eastern Bluebirds, and Mountain Bluebirds.

Because birds are relatively easy to observe, scientists have long studied birds looking for evidence of evolution. Indeed, the diversity in bill shape related to different feeding ecologies found in the numerous finch species on the Galapagos Islands is a common textbook example used to demonstrate Darwin's theory of evolution by natural selection. However, Darwin's finches are not the only evidence of evolution that comes from birds. Evidence for Darwin's theory of evolution, and its modern extensions, can be clearly seen in the different ways that birds look and behave. In this course, Dr. Lombardo will show how the birds provide us with clear and easily accessible evidence of evolution.

History with Dr. Richard Bell

Friday, 9:30-11:00 a.m. 2 Classes - September 22 & October 13



Richard Bell, Ph.D. is a professor of history at the University of Maryland. He has won more than a dozen teaching Regents Faculty

Awards for Excellence in Teaching. He serves as a trustee of the Maryland Historical Society and as a fellow of the Royal Historical Society. He is the author of the award winning book, **Stolen.**

September 22 (In-Person)

- Canals, Rails, and the Dawn of **the Electronic Age:** The thirty years between 1815 and 1845 witnessed the greatest transformation in American infrastructure and information technology before the internet. Investment and experimentation in those fields helped to facilitate the creation of a single national, American economy – an economy capable of challenging European countries for economic supremacy. Prior to 1815, the most advanced industrial technology most Americans had ever seen was a windmill. But all that was about to change and, by 1845 America had begun to look more like an industrialized, developed nation than an agricultural, developing nation. Dr. Bell will examine five of the most important new technologies that seeded that change: canals, roads, rails, post offices, and the telegraph.

October 13 (ZOOM) - The Revolution's POWs: Privateers. Prisoners, and Britain's Black **Holes:** Britain's Royal Navy took 11,000 American sailors captive during the Revolutionary War. They spent months or years buried from the world in prisons in England, Ireland, and Scotland—held indefinitely under the terms of a 1777 law that designated them as pirates and traitors, not as official prisoners of war. This talk reconstructs their experiences. It uses as its case study the ordeal of William Russell, a privateer from New England who spent thirty months trying to escape from England's Mill Prison before being transferred to the Jersey, a de-masted prison hulk floating in Brooklyn Bay in Britishoccupied New York. On the Jersey, Russell would have to fight for simple survival.

Tour of Indian Trails Camp (IKUS) adjacent to Aman Park

Friday, 10:30 a.m. - 12:00 p.m. 1 Tour - September 29 (**Limit 25**)



Amy Demott is the Director of Programs & Services at IKUS Enrichment

Services. She has been with IKUS for over 13 years with her focus being on the development and sustainability of services that support individuals with disabilities to maintain meaningful relationships and lives.

The 30 acre Indian Trails Camp is located in Ottawa County and is adjacent to City of Grand Rapids Aman Park, During the tour and walk-through of the Camp, OLLI scholars will learn about the past and present history of the organization and the goals for the future. Students will see the different spaces and buildings on the grounds; learn how the camp utilizes each area to support the individuals we serve and possibly observe on-site programming. (Weather permitting, a walk through Aman Park after the tour will be available with a bring-your-own picnic lunch. It will be a full morning of activity.) **Meet in** large, paved parking area in front of Wolters Building 10:15 a.m.

British History with Dr. Julie Taddeo (ZOOM)

Friday, 9:30-11:00 a.m. 2 Classes - October 6 & 20



Dr. Julie Taddeo, University of Maryland British History professor, will peer beneath the fantasy perpetuated by romance novels and TV series like

"Bridgerton" to closely examine the larger social and political world of the men and women who lived "in the fashionable mode" and whose lives

were tightly circumscribed by rules, gossip, and fear of scandal.

October 6 - Historical Fantasies and Realities in "Poldark's" Britain:

This talk will look at the larger world in which Captain Poldark (TV series) lives, works, and loves, examining its industrialization, banking, mining, and politics, and the plight of women and the poor during the 18th Century Cornwall era. Dr. Taddeo will look at fan obsession with all things "Poldark," which has caused Cornwall to become the most visited destination in the UK (pre-pandemic), actually prompting the local tourist board to beg travelers to go elsewhere.

October 20 - London's High Society in the Regency Era: A Business of Pleasure: Dr. Taddeo will peer beneath the fantasy perpetuated by romance novels and the TV series like "Bridgerton" to closely examine the larger social and political world of the men and women who lived "in the fashionable mode" and whose lives were tightly circumscribed by rules, gossip, and fear of scandal.

OLLI HIKES

second and fourth Monday of the month through the end of October. 4:30 PM

Next two hikes:

August 28 - Grand Ravines, **Georgetown Township**

September 11 - Fulton Heights

Neighborhood

Contact the OLLI office for details and a full schedule or check the OLLI Facebook page.

SEPTEMBER Fall I 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
LABOR DAY	NO CLASSES	D Kampfschulte- Bits of Wisdom 9:30 M Loveless- Wellness/ Design 1:30	G Eberle- Slangwhangers 9:30 B David- First Ladies 1:30	V. VanHeest- Lady Elgin 9:30
F Johnson Series Donnelly 9:30 D Moore - Memoir Writing 11:45	N. Besnier- Transgender ZOOM 9:30 G Hauck- Destinations 1:30 C. Cook- Oakgrove Tour 1:30	S Eberle- Ancient Fashion 9:30 M.Loveless- Wellness/Design 1:30	G Eberle- Slangwhangers 9:30 K. Maag- Scotland 1:30	M Lombardo- Birds 9:30
F. Johnson Series ZOOM 9:30 D. Moore- Memoir Writing 11:45 M. Daley- Lighthouses 1:30	N. Besnier- Transgender ZOOM 9:30 P Daugavietis- Life Breath 11:45 S Staggs- Calvinists & Indians 1:30	S Eberle- Ancient Fashion 9:30 A Cox- Covert, Michigan 9:30 C Rudie- Jewish Art in Russia ZOOM 1:30	G Eberle- Slangwhangers 9:30 K. Maag - Scotland 1:30	MEMBER FREE CLASS/BRUNCH Donnelly Center R. Bell- Dawn of Electronic Age 9:30
F Johnson Series Donnelly 9:30 D Moore- Memoir Writing 11:45 H Luttikhuizen- Modern Art 1:30	L Willey- Handguns 9:30 P Daugavietis- Life Breath 11:45 S Staggs- Calvinists & Indians 1:30	S Eberle- Ancient Fashion 9:30 S Kenyon- Drawing 11:45 C Rudie- African Art in Russia ZOOM 1:30	D Bernstein- Saint of Beaver Island 9:30 K. Maag - Scotland 1:30	Tour of Indian Trails Camp 10:30

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Classes Begin September 6, 2023



OCTOBER Fall I 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
F Johnson Series ZOOM 9:30 D Moore- Memoir Writing 11:45 H Luttikhuizen- Modern Art 1:30	J Mitchell- Cousin Abe 9:30 P Daugavietis- Life Breath 11:45 DeBruyn & Steffan Eclipse 1:30	G Stark- Germany 9:30 S Kenyon- Drawing 11:45 J Cotner- Sculptures 1:30	J Lendrum- Gender & Econ 9:30 A Zoellner- Camino Trail 1:30	J Taddeo- Poldark ZOOM 9:30
F Johnson Series Donnelly 9:30 H Luttikhuizen- Modern Art 1:30	DeBruyn & Steffan- Eclipse 1:30 C Cook - Saints/Spirits Tour 1:30	G Stark- Germany 9:30 S Kenyon- Drawing 11:45 J Cotner- Sculptures 1:30	J Byrnes - Health 9:30 A Zoellner- Camino Trail 1:30	R. Bell - POW's ZOOM 9:30
F Johnson Series ZOOM 9:30 M Daley- Lk. MI Hurricane 1:30	J.VanderPloeg- Springsteen 9:30 R Anderson - Protecting Pollinators ZOOM 1:30	G Stark- Germany 9:30 S Kenyon- Drawing 11:45 D Schindler - Social Justice 1:30	J Byrnes - Health 9:30 T Lorson- Dinos & Fossils 11:45 A Zoellner- Camino Trail 1:30	JTaddeo- Regency of London ZOOM 9:30
Fall II Begins	24	25	26	27