

KINESIOLOGY DEPARTMENT

Recreation Minor

As of Fall 2021

Minor requirements: 18 semester hours. At least 9 semester hours must be taken at Aquinas. This minor is designed for those who wish to pursue work in community or collegiate recreation departments, summer camps or state/national park employment. Only courses with a grade of C- or better will count toward the minor.

AQUINAS REQUIREMENTS

_____	KN 147 Outdoor Recreation	3.0
_____	KN 157 Health Education-Community	3.0
_____	KN 158 Emergency Medical Responder (First Aid/CPR)	3.0
_____	KN 242 Sports Tech. and Research	3.0
_____	KN 245 Sports Officiating	1.0
_____	KN 397 Internship or KN399 Independent Project	3.0

ONE OUTDOOR RECREATION ACTIVITY:

_____	KN 105 Cycling	1.0
_____	KN 106 Hiking	1.0
_____	KN 107 Sailing	1.0

ONE COMMUNITY RECREATIONAL ACTIVITY:

_____	KN 100 Ballroom Dancing	1.0
_____	KN 102 Core Fusion	1.0
_____	KN 109 Aerobic Training	1.0
_____	KN 111 Beginning Yoga	1.0
_____	KN 112 Folk and Square Dance	2.0

Recommended Courses:

_____	BS200 Fundamental of Organization for NonMajor	3.0
_____	BS310 Entrepreneurship & Small Business Management	3.0

TRANSFER REQUIREMENTS

_____ EXS 225 Public Health Concepts _____

_____ WE 156 CPR/AED/First Aid for Professional Rescuer _____

_____ WE 133 Cycling _____

_____ WE 125 Aerobic Conditioning Program _____

_____ WE 127 Yoga, Tone and Stretch _____

Please Note: Aquinas College reserves the right to change, modify, or amend the above-stated requirements and/or co its sole discretion and without prior notice.