**DIRECTOR’S NOTE**
Sister Mary Aquinas Weber, the visionary behind lifelong learning at Aquinas College and currently Chancellor Emerita at Aquinas College, recently expressed beautifully who and what we are at OLLI: There exists at the Browne Center a little island of lively activity, where the human spirit can soar, free of the limitations of time, pressure, or career-seeking or money-making. Here, mature minds can study, reflect, and discuss at leisure as they always yearned to do—not in order to earn a credit or a dollar, not to meet requirements or pass exams, but for the pure joy of learning and growing. Each year, the OLLI classes continue to satisfy that longing in its eager students, who display such boundless intellectual curiosity and verve in exploring the urgent daily concerns of our nation and world. Thank you, students, for continuing to join us and welcome back. Our free member kick-off, with WOOD-TV8’s own Matt Kirkwood will be September 23\textsuperscript{rd}.

Sheila Pantlind

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**SCHEDULE OF COURSES**

**Fall I 2015**

**September 10 – October 23**

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### COURSE HIGHLIGHTS

- **Women in the Whitehouse**
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- **Henry VIII and the Early Tudor Dynasty: Misunderstood Monarch**
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- **Travel by Train**
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### SCHEDULE OF COURSES

**MONDAY**

- Credit Card Fraud: Don’t Be a Victim
  - 9:30-11:30 a.m.
- Yoga You Can Do
  - 11:45 – 1:15 p.m.
- American Political Parties
  - 1:30-3:30 p.m.
- Women in the White House
  - 9:30-11:30 a.m.
- Islam Explained
  - 3:30-5:30 p.m.
- Henry VIII and the Early Tudor Dynasty: Misunderstood Monarch
  - 1:30-3:30 p.m.
- Travel by Train
  - 9:30-11:30 a.m.

**TUESDAY**

- Persia: Perceptions, Provocations and Poetry
  - 9:30-11:30 a.m.
- The Past and Present of the Cuban Revolution
  - 9:30-11:30 a.m.
- OLLI Pub Crawl
  - 10:30-1:30 p.m.
- Hinduism 101
  - 1:30-3:30 p.m.
- Tuesday Night at the Movies
  - 4-6:30 p.m.
- A Priest and a Rabbi Walk into a Bar…
  - 9:30-11:30 a.m.
- Lighten Up!
  - 9:30-11:30 a.m.
- Spirits & Wine
  - 1:30-3:30 p.m.
- FREE MEMBER CLASS
  - Church and Mosque in Ghana
  - 9:30-11 a.m.

**WEDNESDAY**

- Tour of Blandford Nature Center with the “Doc”
  - 10 a.m. – Noon
- This is Where I Stand
  - 11:45 -1:15 p.m.
- Understanding Contemporary Art
  - 1:30-3:30 p.m.
- Contemporary Italy
  - 9:30-11:30 a.m.
- Mind, Brain & Society: An Eternal Golden Braid
  - 1:30-3:30 p.m.
- With Respect and Occasional Distrust
  - 9:30-11:30 a.m.
- FREE MEMBER CLASS
  - Climate Change – Another Michigan Winter!
  - 1:30-3 p.m.

**THURSDAY**

- To Kill a Mockingbird
  - 9:30-11:30 a.m.
- Intermediate to Advanced Drawing
  - 1:30-3:30 p.m.
- Russia and the American Media
  - 1:30-3:30 p.m.
- Famous Criminal Stories
  - 9:30-11:30 a.m.
- Indians of the Northwest Coast of North America
  - 9:30-11:30 a.m.
- Other Peoples’ Garbage: A Real Look at What Archaeologists Do
  - 9:30-11:30 a.m.
- Going to the Dogs and Other Search & Rescue Stories
  - 1:30-3:30 p.m.

**FRIDAY**

- Pharaoh Awakening
  - 9:30-11:30 a.m.
- Mindfulness and Neurological Diseases
  - 9:30-11:30 a.m.
- Kiwis, Koalas and Kangaroos
  - 9:30-11:30 a.m.
- Saving the Soil at the Grassroots: Ottawa County’s 1930’s Dust Bowl
  - 9:30-11:30 a.m.
- FREE MEMBER CLASSES
  - Broadway Grand Rapids
  - 9:30-11 a.m.
**OLLI Membership Structure**
(September 2015 - June 2016)

For the 2015-2016 OLLI academic year, we are again offering a tiered membership designed to provide you with options and monetary savings. The tuition costs are less if you join as an OLLI member, and the savings are greater with each membership level.

**MEMBERSHIP STRUCTURE**
The three different membership levels from which to choose are:

- **NON-MEMBER:**
  - No Membership fee
  - 1 wk class- $21
  - 2 wk class- $42
  - 3 wk class- $62
  - 4 wk class- $76

- **BRONZE MEMBERSHIP:**
  - $25 Membership fee
  - Bronze members receive greater discounts compared to non-members.
  - 1 wk class- $16
  - 2 wk class- $35
  - 3 wk class- $52
  - 4 wk class- $63

- **SILVER MEMBERSHIP:**
  - $60 Membership fee
  - Silver members receive greater discounts compared to Bronze members
  - 1 wk class- $12
  - 2 wk class- $30
  - 3 wk class- $42
  - 4 wk class- $50

- **GOLD MEMBERSHIP:**
  - $385 Membership fee
  - Gold members can attend unlimited number of classes all year. Fees may be added for special events, trips, or class materials.

**Advantages of Membership**
- Free Member classes designated in each catalog
- Great discounts on classes
- Opportunities for great trips
- Discounted prices on local performing arts and events
- The option (with instructor approval) of auditing a regular Aquinas College class for $150

**Become an OLLI Member today and learn more and age less!**
Please call 616.632.2430 or send in a completed registration form to:
OLLI at Aquinas College
1607 Robinson Rd. SE
Grand Rapids, MI 49506

**Limited scholarship funds are available.**
Inquire with director Sheila Pantlind at 616.632.2043
Credit Card Fraud: Don’t Be a Victim
Monday, 9:30-11:30 a.m.
September 14
Michelle Thren is a fraud specialist for Chemical Bank and is a Certified Fraud Examiner. This timely presentation is important as credit card fraud happens every minute of every day – even to those who think they are being careful. As our society becomes more technologically sophisticated, the more at risk our personal information becomes. Michelle will bring some new awareness to this problem and help you avoid being the next victim.
M: Bronze $16 Silver $12 NM: $21
Location: Donnelly Center

American Political Parties
Monday, 1:30-3:30 p.m.
September 14, 21 & 28
Donald Zinman, Ph.D., is an assistant professor of political science at GVSU. His research centers upon the presidency, political parties and American political development.
Political parties are in the DNA of American life. From the establishment of the Constitution to the present, parties have been major players in every episode of American political history. This course will cover the origins of the American party system and take on several questions. Why do we have a party system? What are the benefits and shortcomings of a party system? How have parties changed over the years?
M: Bronze $52 Silver $42 NM: $62
Location: Browne Center

Yoga You Can Do
Monday, 11:45 – 1:15 p.m.
September 14, 21, 28 & October 5
Carolyn Heines began teaching yoga in Grand Rapids in 1979 and is the founder of the Yoga Studio, www.gryoga.com. Carolyn has offered classical hatha yoga to the community for 38 years, she is still teaching at the studio, including a gentle class appropriate for seniors.
If the word yoga conjures up images of young people in pretzel type positions, do not fear. That is NOT what we will be doing here. It will be a gentle approach. We will do yoga poses with modifications so that it is accessible to all. The ancient art of yoga is about much more than the physical postures; it also teaches techniques that can calm the mind. Seniors benefit a great deal – learning breathing awareness, philosophy and relaxation techniques – all contributing to our well-being. Please bring a yoga mat and light blanket to class.
M: Bronze $63 Silver $50 NM: $76
Location: Donnelly Center

Maximum: 20
Women in the White House
Monday, 9:30-11:30 a.m.
September 21, 28 & October 5
Robert Schoone-Jongen, Ph.D., is assistant professor of history at Calvin College and is the grandson of Dutch immigrants. Professor Schoone-Jongen has taught courses on the topics of immigration and the American presidency and has published numerous articles on the history of American immigration, especially Dutch immigration to New Jersey and Minnesota.
Someday the United States will have a woman president. In the meantime, it is important to understand that in various ways in various eras women influenced the development of the presidency, the White House, and the American political landscape. During these sessions we’ll look at First Ladies and secretaries, servants and socialites, suffragettes and reporters who maybe helped make the office what it is today.
M: Bronze $63 Silver $50 NM: $76
Location: Browne Center

Islam Explained
Monday, 3:30-5:30 p.m.
September 28, October 5, 12 & 19
Since 2009, Muaz Redzic, Ph.D., has been serving as Imam at the Bosnian Cultural Center in Grand Rapids, offering prayers and sacred texts in Arabic and then translating into Bosnian. He earned his BA at Kuwait University, his MA in Religion at Vanderbilt University, and a Ph.D. in Islamic Studies from the Graduate Theological Foundation, Indiana.
It is often mentioned that Islam is the world’s fastest growing religion. This course will examine four major characteristics of the religion of Islam, its sources, beliefs, practices and institutions. Dr. Redzic will explain some of the burning issues regarding this widely spread, and yet so misunderstood belief.
M: Bronze $63 Silver $50 NM: $76
Location: Browne Center
**Henry VIII and the Early Tudor Dynasty: Misunderstood Monarch**

Monday, 1:30-3:30 p.m.
October 5, 12 & 19

**Karin Maag, Ph.D., professor of history at Calvin College, earned her doctorate in Reformation History from the University of Saint Andrews, Scotland. Since 1997, Professor Maag has been the Director of the H. Henry Meeter Center for Calvin Studies, one of the world’s foremost collections of works on or by John Calvin.**

The popular image of King Henry VIII is of a ruler with an imposing girth, best known for marrying six different women in succession. But who was he really? Did his rule strengthen or weaken England in the first half of the sixteenth century? This course will examine the state of England at Henry’s accession, his rule, his (complex) family life and personality, his religious outlook, and his impact on England and Europe in the Reformation era.

M: Bronze $52 Silver $42 NM: $62
Location: Browne Center

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**Travel by Train**

Monday, 9:30-11:30 a.m.
October 19

Climb aboard with **Rita and Jeff Neumann** as they share their train travel experiences aboard several Amtrak trains around the country. No TSA, no undressing, no x-rays, and no metal detectors. Just a pure restful and enjoyable way to travel and see the USA. From the east coast to the west coast, and down to Texas, they’ve had the opportunity to roll through a good part of the country.

M: Bronze $16 Silver $12 NM: $21
Location: Browne Center

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**The Past and Present of the Cuban Revolution**

Tuesday, 9:30-11:30 a.m.
September 15, 22 & 29

**David Stark, Ph.D., is associate professor of history at GVSU. As a historian of colonial Latin America, he is interested in enslaved populations of the Spanish Caribbean. David’s work focuses on the demography and family life of slaves in eighteenth-century Puerto Rico.**

As relations between the U.S. and Cuba improve, there is hope that the hostility between the two countries might one day disappear. How will the differences (and what are they) be resolved? Professor Stark will take a look back at the past of this relatively unknown country, and discuss how the future may now look. This will be a timely talk about a fascinating country!

M: Bronze $52 Silver $42 NM: $62
Location: Browne Center

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**Persia: Perceptions, Provocations and Poetry**

Tuesday, 9:30-11:30 a.m.
September 15, 22 & 29

**Becky Knack** received her undergraduate education at Southwestern University in English literature which led to her fascination with poetry. Becky earned her MA in Linguistics from the U of M. She taught English, Creative Writing and Theater for 21 years at East Grand Rapids High School. **Walson Knack** is a retired trial attorney who has been on many local Boards including East Grand Rapids Board of Education, Grand Rapids Symphony, and Opera Grand Rapids to name just a few.

Ever consider traveling to Iran? Think it might be dangerous? Hostile and unwelcoming? A hot dry desert of a country without much to offer of cultural interest? What perceptions do you have about this, the largest country in the Middle East? Wally and Becky put aside any concerns this past spring and discovered Iran and its people to be extremely welcoming, the cities full of cultural treasures, the oases filled with flowing springs and flowers. They found Iran a peaceful, safe, and fascinating country to visit. Share their journey to this misunderstood country, learn of the people, the land, the ancient and present cultures, and especially the poetry so beloved by Iranians.

M: Bronze $52 Silver $42 NM: $62
Location: Browne Center

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**OLLI Pub Crawl**

Tuesday, 10:30-1:30 p.m.
September 15

Be part of the first OLLI Pub Crawl. Grand Rapids’ very own **Amy Sherman**, chef and local craft beer expert will be our personal guide. Breweries are popping up in this city seemingly every month – Amy believes many have incredible kitchens as well. OLLI will take you on a bus ride with stops at three of Amy’s favorites: Perrin, Brewery Vivant and The Mitten. Beer sampling at each stop with a pizza lunch at The Mitten is included in the price. Trip is limited, so sign up early!

M: Bronze $52 Silver $42 Gold $37.50 NM: $62

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Call to register: 616.632.2430

**TUESDAY**
Location: Meet in Browne Center lot at 10:15 a.m.
Maximum: 28 – No refunds issued after September 10!

Hinduism 101: Beyond Caste, Cows & Curry
Tuesday, 1:30-3:30 p.m.
September 15, 22, 29 & October 6

Fred Stella, writer and lecturer, is an ordained Pracharak (Outreach Minister) for the Hindu Temple in Grand Rapids. He is currently president of Interfaith Dialogue Association, hosts its weekly radio program and was recently elected to the Executive Council of Hindu American Foundation.

In this course, Fred will provide an in depth look at the world’s third largest religion that claims well over 1,000,000,000 adherents. Subjects covered include theology, scriptures, doctrines, practices and history. Yes, Fred will deal with Caste & Cows as well. Sorry, no Curry!

M: Bronze $67 Silver $57 Gold $15
NM: $80
Location: Browne Center
Maximum: 40

A Priest and a Rabbi Walk into a Bar…
Tuesday, 9:30-11:30 a.m.
October 6

Albert Lewis, Ph.D., former director of the Emeritus College, is a recognized author, speaker, rabbi, and specialist on aging. Rabbi Lewis will be joined by Rev. Steven Cron, fellow traveler and pastor at St. Joseph the Worker Parish in Wyoming and co-chaplin at Catholic Central High School.

Witness the close relationship between Father Steven Cron and Rabbi Al Lewis as they share adventures in the clergy life and the jokes that have been shared on their worldly travels. Father Steve has been described as “not only devoted to the Lord but to the great game of baseball” by local writer Charley Honey and Rabbi Lewis is a “certified laughter leader.”

M: Bronze $16 Silver $12 NM: $21
Location: Browne Center

Lighten Up!
Tuesday, 9:30-11:30 a.m.
October 13

Maureen Burns is an international speaker, author, and publisher: she is also a wife and mother of four, a former teacher, salesperson, and sales manager. Her first book, Run with Your Dreams, is a best-seller that has been published in French, Spanish, and Braille. Maureen is a warm, witty, down-to-earth speaker who will make you laugh, think, and remember.

Busy lives take their toll and it’s a big one. Take it from a person who has been to the edge, hung over it and made it back. Maureen delivers practical tools to help people live better lives personally and professionally. She will share ways to nurture and care for ourselves in positive ways. Her sense of humor shines in this program that helps everyone to balance and lighten up.

M: Bronze $16 Silver $12 NM: $21
Location: Browne Center

Spirits & Wine
Tuesday, 1:30-3:30 p.m.
October 20

Susan Newhof lives in Montague, Michigan, in an old house that was the inspiration for her first novel, Spirits and Wine. The Grand Rapids native graduated from MSU, is an enthusiastic vegetarian, passionate about writing, and balances her work as a communication consultant with enjoying the pleasures of life in a
small town. The fifth edition of her guidebook, Michigan’s Town and Country Inns was released in 2013. Her book on Applewood, home of the C.S. Mott families, will be available spring 2016.

Spirits & Wine is a suspenseful page-turner that pits a middle-aged couple against a persistent spirit in their house – a house that looks remarkably like the one the author has lived in with her husband for the past 20 years. Was it inspiration or perspiration? Meet the reluctant novelist who spent 12 years writing her absorbing mystery novel, prompted by the ghostly things happening in her home, as she shares her humorous journey along the path of “...am I famous yet?” You might even be inspired to share your own otherworldly experiences!

M: Bronze $16 Silver $12 NM: $21
Location: Browne Center

**WEDNESDAY**

**Tour of Blandford Nature Center with the “Doc”**

Wednesday, 10 a.m. – Noon
September 16

Mary Jane Dockeray, Ph.D., was Curator Naturalist of the Blandford Nature Center from 1968-1990. She was recently named one of Michigan’s Women of the Year and inducted into Michigan’s Hall of Fame.

Have you visited Blandford Nature Center? It is a 143 acre natural gem within Grand Rapids’ city limits. Founding director Mary Jane Dockeray will be your escort as you visit living Michigan creatures up close, historic buildings and expanding farm.

M: Bronze $19 Silver $15 Gold $3
NM: $24
Location: Meet in the Interpretive Bldg. at the Center – 1715 Hillburn Ave. NW
Entry fee included
Maximum 30

**This is Where I Stand**

Wednesday, 11:45 -1:15 p.m.
September 16, 23, 30 & October 7

Dave Kampfschulte is director of Amazing Circles Workshops, speaker and author of I’m Dying to Talk with You: Twenty Five Years of Conversations on End of Life Decisions. Using his energy, humor, empathy and over 30 years as an educator, Dave facilitates his interactive workshops and classes.

If you have been searching for stimulating conversation and the chance to reflect on your opinions and your beliefs – this is the class for you! Participants will have the opportunity to have a facilitated discussion where they stand on current issues and ethical dilemmas. You will leave with a reinforced clarification of your belief system and a better understanding of other points of view.

M: Bronze $40 Silver $32 NM: $60
Location: Browne Center
Maximum: 20

**Understanding Contemporary Art**

Wednesday, 1:30-3:30 p.m.
September 16, 23 & 30

Suzanne Eberle, Ph.D., is a professor of Art History at Kendall College of Art and Design. Her areas of expertise include modern and contemporary art and aesthetic issues related to the body, including the history of fashion.

M: Bronze $52 Silver $42 NM: $62
Location: Browne Center

**Contemporary Italy**

Wednesday, 9:30-11:30 a.m.
September 30 & October 7

John Constantelos, Ph.D., is professor of political science at GVSU where he has taught for the past 16 years. He earned his doctorate at Duke University and masters’ degrees at Johns Hopkins and Tufts. His research and teaching specialization is in the fields of European Union politics and international political economy.

Though Italy is widely known and appreciated for its rich cultural history, our knowledge of the country tends to be superficial and distorted by Hollywood. Professor Constantelos will examine contemporary Italian politics, society, and economy, to arrive at a more sophisticated understanding of this complex and fascinating country. Students will study Rome and the surrounding regions, but also Italy’s place in Europe and the impact of European integration on Italy.

M: Bronze $35 Silver $30 NM: $42
Location: Browne Center

**BACK BY POPULAR DEMAND!**

Unlike art in most periods of history, Contemporary Art is multi-layered, inter-disciplinary, and multi-cultural, making it seem especially complex and challenging. But it is also an exciting time, when artists have created art full of meaning and relevancy. In this course, Suzanne will explore three areas: new media and art making practices; layering history and current culture; and identity and globalism. She hopes to introduce and clarify some of the key concepts in art of the last 40 years.

M: Bronze $52 Silver $42 NM: $62
Location: Browne Center

Call to register: 616.632.2430
Mind, Brain & Society: An Eternal Golden Braid
Wednesday, 1:30-3:30 p.m. October 7, 14 & 21

David Bernstein, Ph.D., is emeritus professor of psychology at GVSU, where he taught for 40 years. His area of specialization is human thinking. For Bernstein the most interesting psychological questions are at heart, also philosophical questions. He loves to explore the relationships between psychology and neighboring fields of study, especially neuroscience and philosophy.

The title of this course borrows from a book by cognitive scientist Douglas Hofstadter. This class will play out the notion that our minds, brains and society are tightly woven together. David will explore how they each shape and are shaped by the others. Neglecting their collective fate leads to some of the enduring puzzles in Western intellectual history. Not that the puzzles ever seem to dissolve easily. The fun is in plucking one of the strands of the braid and watching the others vibrate in sympathetic resonance. Shimmering above it all are wondrous questions about the nature of mind and how it comes to be. Some content will come from the course presented last fall, Organization of the Mind.

M: Bronze $52 Silver $42 NM: $62
Location: Browne Center

Intermediate to Advanced Drawing
Thursday, 1:30-3:30 p.m. September 10, 17, 24 & October 1

Scott Kenyon, an artist, studied at The Cape School of Art in Provincetown MA and L’Atelier Aux Couleurs Art Academy in Northern California. Scott has exhibited his work in local galleries and permanent collections.

This drawing class is for students who have experience in drawing and want to take their skills to the next level. Students will learn different techniques on drawing three dimensional objects under a warm and cool light source. They will also learn how visual information is interrupted by using a variety of edges and values based on how the eye interrupts the visual world. Students should have basic fundamental drawing skills to register for this course.

M: Bronze $68 Silver $55 Gold $5
Location: Browne Center
Lab fee included
Maximum: 12

THURSDAY

To Kill a Mockingbird: The American South at Its Worst and Best
Thursday, 9:30-11:30 a.m. September 10, 17 & 24

Sheila Bartle, Ph.D., is a lifelong learner and educator. She has taught literature at the high school, college and graduate levels.

Sheila will discuss To Kill a Mockingbird, a classic that teaches compassion and understanding in spite of the hatred and prejudice that prevails in a small Alabama town. In light of the racially charged issues in the United States this past year, this class should illicit great conversations. Sheila will also look at how Harper Lee’s latest and only second published novel, Go Set a Watchman, compare.

M: Bronze $52 Silver $42 NM: $62
Location: Browne Center

Russia and the American Media
Thursday, 1:30-3:30 p.m. September 17, 24 October 1 & 8

Heather Tafel, Ph.D., is an associate professor of political science at GVSU. Heather received her BA (with high honors) in International
With Russia's recent intervention in Ukraine and its involvement in Syria, U.S. media outlets have had quite a lot to say about Russia, and Putin. But are media depictions of Russia consistently negative as we might expect? In this course, Heather will present preliminary findings from her ongoing co-authored research about U.S. media depictions of Russia since the collapse of the Soviet Union. Emphasis will be placed on how print and television media outlets covered major events during both the Yeltsin and Putin eras. Don't miss this class on Russia by the local expert.

M: Bronze $63 Silver $50 NM: $76 Location: Browne Center

**Famous Criminal Stories**

Thursday, 9:30-11:30 a.m.  
October 1 & 8

Larry C. Willey  
has been in private practice in Grand Rapids for 35 years and is recognized by his peers as one of the best criminal defense attorneys in Michigan.

A graduate of the University of Michigan Law School, he has also clerked for a District Court judge in Hawaii and been a federal prosecutor in Washington, D.C. He is listed in Best Lawyers in America and been inducted into the American College of Trial Lawyers.

Our nation's courts have been deciding cases for over 200 years, and our society seems to revel in the many famous/infamous controversial court cases. It was twenty years ago that we were all riveted to our television screens to watch the O.J. Simpson trial. What was it about this trial and why did it divide us as a nation? Larry Willey will discuss some of the recent court decisions that have confused, inspired and redefined us as a nation, and give some explanations for some of the unexpected verdicts.

M: Bronze $35 Silver $30 NM: $42  
Location: Browne Center

**Indians of the Northwest Coast of North America**

Thursday, 9:30-11:30 a.m.  
October 15 & 22

Gary W. Burbridge,  
Ph.D., taught anthropology and history at GRCC for 36 years. While at GRCC he developed courses in Native American Cultures, Introductory Archaeology, and Irish Archaeology. As a professor, he co-led tours to Europe, including study tours to Ireland.

Visit, through word and image, the world of the peoples of the Northwest coast. Learn about the cultures which relied on the great waters of the ocean and the many rivers, as well as the salmon for their lives and livelihood. Explore the world of peoples who created the totem pole, great lodges, and beautiful art as we travel from Washington, along the coast of Canada and into Alaska to discover the ways of these peoples.

M: Bronze $35 Silver $30 NM: $42  
Location: Browne Center

**Going to the Dogs and Other Search & Rescue Stories**

Thursday, 1:30-3:30 p.m.  
October 22

Jack Buege is a retired teacher and longtime hiker and backpacker. He has climbed the 46 highest peaks in the Adirondacks (NY), and has hiked in Scotland, New Zealand, and much of the U.S. He has been a member of KCSAR since 2012.

Kate Dernocoeur has spoken about her various adventures to OLLI students, but training a German shepherd dog for the mission of finding lost/missing people is one of her most challenging adventures ever. In the 1970s, she was with Vail Mountain Rescue Group. After earning her Wilderness-EMT credentials in 2011, she joined KCSAR because all that backcountry-oriented training is just downright fun!

What happens when a loved one goes missing? What should you do? Come hear about Kent County Search and Rescue (KCSAR) from two members who are also OLLI regulars. Learn about the best trained, most active, and largest SAR team in Michigan—and how we

Call to register: 616.632.2430
got that way. You’ll also get to meet Mayzie, one of the K9 Unit’s trailing dogs, and hear about how the dogs are truly a special and valuable part of search and rescue.
M: Bronze $16 Silver $12 NM: $21 Location: Browne Center

Mindfulness and Neurological Diseases: Do Alternative and Complementary Medicines Work?
Friday, 9:30-11:30 a.m.
October 2
As Medical Director of Parkinson’s and Movement Disorders at Mercy Health Hauenstein Neurosciences and associate professor at the MSU College of Human Medicine, Dr. Barbara Pickut is a standout in the Grand Rapids medical community. A graduate of the U of M for her bachelors and masters degrees, with an MD from the University of Antwerp, Belgium, Dr. Pickut has completed thirty-eight clinical trials related to Parkinson’s Disease. She has also studied the role of mindfulness and mind-body intervention in movement disorders. Dr. Pickut will discuss the theories and methods in mindfulness neuroscience in the treatment of neurological diseases including Parkinson’s. She will explain the definition of mindfulness which includes alternatives such as meditation, yoga, spirituality, and Tai Chi. Her perspective as a physician and a scientist in research in these mind/body techniques will make for an informative and interesting presentation.
M: Bronze $16 Silver $12 NM: $21 Location: Browne Center

Kiwis, Koalas and Kangaroos
Friday, 9:30-11:30 a.m.
October 9
Renee Kuipers is a retired secretary, having worked 32 years at Merrill Lynch and 12 years as secretary to the senior pastor at her church. Renee began traveling with family at the age of 6 and continues her adventures to this day. Recent cruises include the Mediterranean, a trip around South America and a transatlantic voyage from Rome to Miami via Morroco. In 2015, Renee traveled from Auckland, New Zealand to Perth, Australia. Come along “down under” to experience the beauty of New Zealand from snow capped mountains to a train ride through a steep gorge and a sail into fiords that will fill you with awe. In Australia, see inside the world famous Sydney Opera House and travel to a national park where the petting of kangaroos, koalas, emus and echidnas is encouraged.
M: Bronze $16 Silver $12 NM: $21 Location: Browne Center

FRIDAY

Pharaoh Awakening
Friday, 9:30-11:30 a.m.
September 25
Jim Goode, Ph.D., is professor of history at GVSU since 1986. He teaches the history of U.S. foreign relations and of the Middle East. He has published books on the U.S. and Iran and on archaeology and nationalism in the region. Jim has directed a number of study-abroad programs to Egypt, Morocco and Turkey.
A major controversy developed over the contents of the tomb of Tutankhamun (Tut) in the early 1920s. The main figures involved included Howard Carter and James Breasted, Oriental Institute, Chicago; Pierre Lacau, French director of Egyptian antiquities; and Saad Zaghlul, leader of the Wafd nationalist government in Cairo. Simply put, the archaeologists struggled to obtain a share of the antiquities while Lacau and Saad Zaghlul made every effort to keep the entire collection in Egypt. This represented an international drama of the first order, featured on the front pages of leading newspapers everywhere.
M: Bronze $16 Silver $12 NM: $21

Saving the Soil at the Grassroots: Ottawa County’s 1930’s Dust Bowl
Friday, 9:30-11:30 a.m.
October 23
Matthew Daley, Ph.D., is associate professor of history at GVSU. Dr. Daley’s research focuses on urban public and social policy; Great Lakes maritime culture and technology; and public history. He is editor of the Grand Rapids Historical Society’s magazine Grand River Valley History.
The Soil District of the late 1930’s through the 1940’s was formed to stop the economical collapse of Ottawa County. It was a time of a huge drought, the Great Depression, and dust storms in the plains. The sand from the beaches in West Michigan moved inland 3-4 miles and covered everything in its way – including farms and rivers. In 1941, in Grand Haven, Michigan, hundreds of locals planted trees on Dewey Hill (across from the city) to save the land. Professor Daley will take us through this time with wonderful, rare colored pictures and great stories!
M: Bronze $16 Silver $12 NM: $21

M = members NM = non-members
Broadway Grand Rapids
Friday, 9:30-11 a.m.
September 18

Mike Lloyd returns to talk about the award winning musicals coming to town. Mike Lloyd has changed Grand Rapids for the better for over 40 years. First as the long-time editor of The Grand Rapids Press where he directed and managed one of the best and most award winning newspapers in the midwest. His editorials spoke to and for the heart of West Michigan. And, now as the Executive Director of Broadway Grand Rapids, he generates the same energy and compassion to the ever-growing theatre scene in Grand Rapids. The 2015-2016 productions promise to be the best ever, so come join the fun with Mike!

Location: Browne Center

Climate Change – Another Michigan Winter!
Wednesday, 1:30-3 p.m.
September 23

Join WOOD-TV 8’s popular on-air meteorologist Matt Kirkwood as he discusses climate change and CO2 – and is there a link between the two?

Matt will also give his much anticipated prediction: Will we have another harsh winter in the Great Lakes region in 2015-16? If you haven’t renewed your OLLI membership for 2015-16, this is a great time to sign up and attend Matt’s presentation.

Location: Browne Center

Church and Mosque in Ghana
Tuesday, 9:30-11 a.m.
October 20

In Ghana today, Christians and Muslim relations are surprisingly cordial. In this preview for a class that will continue in the next OLLI session, David Hoekema, Ph.D., will share photos, statistics and stories about this West African country. David is a professor and department chair of philosophy at Calvin College. He has a great interest in the people and culture of Africa and spent a semester as a Fulbright scholar in Kenya.

Location: Browne Center

Collette Travel and OLLI at Aquinas are happy to announce a trip to Northern Spain – April 15-27, 2016.

For more information contact: Susan Kohloff at 989.763.1774 or kolofsk@hotmail.com
**Registration Form (Fall I 2015)**

Call to register: 616.632.2430

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Sign me up for an OLLI at Aquinas Membership (2015 - 2016 academic year)

- [ ] Bronze $25
- [ ] Silver $60
- [ ] Gold $385

Free Member Classes:

- Persia: Perceptions, Provocations and Poetry
- The Past and Present of the Cuban Revolution
- OLLI Pub Crawl
- Hinduism 101
- Tuesday Night at the Movies: Billy Wilder Film Festival
- A Priest and a Rabbi Walk into a Bar...
- Lighten Up!
- Spirits & Wine

**MONDAY**

- Credit Card Fraud
- Yoga You Can Do
- American Political Parties
- Women in the White House
- Henry VIII and the Early Tudor Dynasty
- Travel by Train

**TUESDAY**

- Persia: Perceptions, Provocations and Poetry
- The Past and Present of the Cuban Revolution
- OLLI Pub Crawl
- Mind, Brain & Society: An Eternal Golden Braid
- A Priest and a Rabbi Walk into a Bar...
- Lighten Up!
- Spirits & Wine

**WEDNESDAY**

- Tour of Blandford Nature Center
- This is Where I Stand
- Understanding Contemporary Art
- Contemporary Italy
- Mind, Brain & Society: An Eternal Golden Braid
- A Priest and a Rabbi Walk into a Bar...

**THURSDAY**

- To Kill a Mockingbird: The American South at Its Worst and Best
- Intermediate to Advanced Drawing
- Russia and the American Media
- Indians of the Northwest Coast of North America
- Other Peoples' Garbage: A Real Look at What Archaeologists Do

**FRIDAY**

- Pharaoh Awakening
- Mindfulness and Neurological Diseases
- Kiwis, Koalas and Kangaroos
- Saving the Soil at the Grassroots: Ottawa County's 1930's Dust Bowl

**FREE MEMBER CLASS**

- Church and Mosque in Ghana

- Climate Change – Another Michigan Winter!

- Other Lifelong Learning Classes

- Broadway Grand Rapids

- Pharaoh Awakening
- Mindfulness and Neurological Diseases
- Kiwis, Koalas and Kangaroos
- Saving the Soil at the Grassroots: Ottawa County's 1930's Dust Bowl

- FREE MEMBER CLASS:

- Climate Change – Another Michigan Winter!

- Church and Mosque in Ghana

- Oct. 20

- A check for $_________ payable to OLLI at Aquinas College is enclosed.

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OLLI at Aquinas
1607 Robinson Road SE
Grand Rapids, MI 49506-1799
Look for these exciting FALL II classes:

**Finding Our Way**

**Hello to Joy**

**Reeds Lake Steamboats**

**Backwards and in Heels: Ginger Rogers’ Career**

**Michigan Scenic M22**

**Devil in the White City**

**Chinese Music: The Window of Chinese Culture**