

2006-2007

ALL WHAC - 1st TEAM:

Chris Graham MSOC	David Juzwiak MSOC	Katie Schmuck WSOC
Jeff Jayson MBB	Jackie Braspeninx WBB	Brian Hayward MG
McCall Kleinfelt SB	Karissa Saterlee SB	Amanda Heuvelman SB
Courtney Miles SB		

ALL WHAC HONORABLE MENTION:

Erich Jackson MSOC	Jessica Greaney WSOC	Rebecca Underwood WSOC
Audrey Vandercamp WSOC	Jeff Wierzbicki MBB	Joslyn Narber WBB
Claire Hogan WBB		

ALL-ACADEMIC WHAC TEAMS:

Jeff Jayson MBB	Jackie Braspeninx WBB	Joslyn Narber WBB
Natalie Kent ITF	Nicole Parker ITF	Hillary Wheeler ITF
Chaney Robinson ITF	Allison Strouse ITF	Scott Assenmacher ITF

ALL REGION:

Ashely Aspinall SB	Amanda Heuvelman SB	Karissa Saterlee SB
Lee Moser BA	Brian Hayward MG	

REGION PLAYER OF THE YEAR:

Ashely Aspinall SB

WHAC COACH OF THE YEAR:

Ronda Varnesdeel SB

REGION COACH OF THE YEAR:

Dave Wood TF

NAIA ACADEMIC ALL-AMERICANS:

Scott Assenmacher XC	Patrick Earl XC	Brian Keilen XC
Stacey Hoffman XC	Amanda Strouse XC	Lianne Griffiths XC
Alene Seiler VB	Connie Rogers WSOC	Audrey Vandercamp WSOC
Dave Dinallo BA	Kevin Scholten BA	Todd Peters BA
Brian Hayward MG	Nikki Benoit WG	Jason Beydoun MT
Lindsey Skinner WT	Chris Robertz TF	Amy Drenthe TF
Lianne Griffiths TF	Natalie Kent TF	Allison Strouse TF
Stacey Hoffman TF	Josh Robach TF	Brian Keilen TF
McCall Kleinfelt SB	Kathy Williams SB	Scott Assenmacher XC
Joslyn Narber WBB	Jackie Braspeninx WBB	Jeff Jayson MBB

Patrick Bruining MT
Siobhan Martin TF
Chris Robertz TF
Amy Drenth TF

Mike Rose MT
Amanda Strouse TF
Natalie Kents TF

Jesse Lord-Wilder TF
Brian Keilen TF
Chaney Robinson TF

2005-2006

ALL WHAC - 1st TEAM:

Ashley Bouckaert VB
Jeff March MG
Jeff Jayson MBB
McCall Kleinfelt SB
Courtney Miles SB
Matt Nelson BA

Katie Schmuck WSOC
Tim Flint MG
Jackie Braspenninx WBB
Annie Szczepanek SB
Ryan Bertoia BA
Matt Spitzley BA

Jessica Greaney WSOC
Matt Joseph MG
Ashley Heuvelman WBB
Tarin Foster SB
Tim Muma BA
Matt Soergel BA

ALL WHAC HONORABLE MENTION:

Audrey Vanderkamp WSOC
Ryan Fitzsimmons MSOC
Brian Hayward MG
Whitney Marsh WBB
Mike Lantzy BA

Megan Holst VB
Connie Rogers WSOC
Derek Douglas MBB
Sarah Metiva SB
Dave Ottenwess BA

Tijs Van Lier MSOC
Lindsey Skinner WSOC
Damine Mayo MBB
Craig Antekeier BA

ALL-ACADEMIC WHAC TEAMS:

Audrey Vanderkamp WSOC
Brian Hayward MG
Kaleb House MBB

Lindsey Nanninga VB
Aaron Heindl MBB
Jackie Braspenninx WBB

Chris Roof MSOC
Jeff Jayson MBB
Mandi DeGroot WBB

ALL-REGION VIII TEAMS:

Tarin Foster SB
Matt Soergel BA

Kristen Jager SB
Matt Spitzley BA

McCall Kleinfelt SB

NAIA ALL-AMERICANS:

Stacey Hoffman ITF
Lisa Wojciakowski ITF
Matt Spitzley BA

Natalie Kent ITF
De-Ale-Jo Roberts ITF

Andye Razmus ITF
Matt Soergel BA

NAIA ACADEMIC ALL-AMERICANS:

Pat Earl MXC
Jeff Luehm MXC
Stacey Hoffman WXC
Megan Holst VB

Adam Hoogewind MXC
Josh Miller MXC
Ashley Bouckaert VB
Aaron Heindl MBB

Brian Keilen MXC
Audrey Vander Kamp WSOC
Lindsey Nanninga VB
Kaleb House MBB

WHAC PLAYER OF THE YEAR: Jeff March MG

WHAC COACHES OF THE YEAR:

2004-2005

ALL WHAC - 1st TEAM:

Jeff March MG	Brian Hayward MG	Leo Foley XC
Josh Miller XC	Brian Keilen XC	Chris Robertz XC
Jeff Luehm XC	Josh May XC	Val Kunde XC
Kelly Secord XC	Jenny Millis XC	Ashley Bouckaert VB
Kim Ridge WSOC	Jeff Jayson MBB	Jackie Braspenninx WBB
Kristen Jager SB	Tarin Foster SB	Sarah Metiva SB
Barb Spiegelberg SB	Matt Soergel BA	Craig Antekeier BA
Matt Spitzley BA	Kyle Finch BA	

ALL WHAC HONORABLE MENTION:

Meghan Holst VB	Anne Crocker WSOC	Kalee Schwarz WSOC
Ezekial Rodriguez MSOC	Chris Graham MSOC	Carl Whitehouse MSOC
Damien Mayo MBB	Tom Kuslikis MBB	Ashley Heuvelman WB
Luke Berkey BA	Nate Grinzinger BA	Tim Muma BA
Annie Szczepanek SB		

ALL-ACADEMIC WHAC TEAMS:

Anne Crocker WSOC	Erin Griffin WSOC	Sarah Pennington WSOC
Matt Garner MSOC	Evan Durand MSOC	Marko Jagustin MSOC
Sarah Metiva SB		

ALL-REGION VIII TEAMS:

Josh Miller XC	Leo Foley XC	Josh May XC
Chris Robertz XC	Valerie Kunde XC	Jenny Millis XC
Stacey Hoffman XC	Lisa Wojociakowski XC	Anne Crocker WSOC
Jeff March MG	Tarin Foster SB	Barb Spiegelberg SB
Kristen Jager SB	Sarah Metiva SB	Matt Soergel BA
Craig Antekeier BA	Matt Spitzley BA	Kyle Finch BA

NAIA ALL-AMERICANS:

De-Ale-Jo Roberts ITF	Boian Marinov ITF	Natalie Kent ITF
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NAIA ACADEMIC ALL-AMERICANS:

Erin Giffin WSOC	Sarah Pennington WSOC	Evan Durand MSOC
Matt Garner MSOC	Marko Jagunstin MSOC	Leo Foley XC
Josh May XC	Josh Miller XC	Adam Hoogewind XC
Jeff Luehm XC	Jenny Millis XC	Megan Lewis XC
Valerie Kunde XC	Heather Baker VB	Rebecca Barber VB
Ashley Bouckaert VB	Amanda Szymakski VB	Kim Gullekson WBB
Leslie Hoffman WBB	Matt Garner MT	Katie Kroft WT

REGION VII COACH OF THE YEAR: Ronda Varnesdeel SB

WHAC COACHES OF THE YEAR: Mike Wojciakowski XC, Ronda Varnesdeel SB

WHAC PLAYER OF THE YEAR: Kristen Jager SB

2003-2004

ALL WHAC - 1st TEAM

Leo Foley XC	Josh May XC	Josh Miller XC
Kelsey Toedebusch XC	Megan Lewis XC	Kalee Schwarz WS
Jeff White MS	Tijs van Lier MS	Anne Crocker WS
Terra Miller VB	Bonnie Spiegelberg SB	Tarin Foster SB
McCall Kleinfelt SB	Matt Bocian BB	Jeff March MGLF

ALL-ACADEMIC WHAC TEAMS

Ramsey Lama MS	Sanel Fazlic MS	Tijs van Lier MS
Jeff White MS	Sarah Pennington WS	Julie Roy WS
Erin Griffin WS	Craig Rehmann MBB	Tom Kulikis MBB
Johnny Angle MBB	Kim Pomeroy WBB	Heather Orr WBB
Jaclyn Salzwedel SB	Brett Cagney BB	Jeremy Frost BB
Jon Renbarger BB	Shaun Hambelton BB	Patrick Kleinfelt BB
Ryan Roberts BB	Leslie Hoffman WBB	Kim Gullekson WBB
Lindsey Kohn WBB	Mandy DeGroot WBB	Jessica Staubus WBB

ALL-REGION VIII TEAMS:

Tijs van Lier MS	Tarin Foster SB	Matt Bocian BB
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REGION VIII COACH OF THE YEAR: Mike Wojciakowski MXC

NAIA ALL AMERICANS

TJ Shimek ITF, OTF	Bon Jonaitis ITF, OTF
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NAIA ACADEMIC ALL-AMERICANS

Julie Roy WS	Sanel Fazlic MS	Tijs van Lier MS
Jeff White MS	Leo Foley MXC	Jeff Luehm MXC
Joey Lynn MXC	Josh May MXC	Josh Miller MXC
Becky Barber VB	Amanda Szymanski VB	Brett Chagney BB
Jeremy Frost BB	Laura Beattie OTF	Michelle Borek OTF
Sarah Ellis OTF	Jeff Luehm OTF	Josh Miller OTF
TJ Shimek OTF	Josh May OTF	Andrew Mezwicki MGLF
Matt Garner MT	Emily Corcoran WT	Kara Ferguson WT

NATIONAL CHAMPIONS

2003 Men's Cross Country - Academic National Champions

ALL-WHAC 1st TEAM

Jenny Ziegler WXC	Kerry Lucas ITF	Sarah Ellis OTF
Leo Foley MXC	Laura Beattie ITF	Jenny Ziegler OTF
James Jones MXC	Keelin Baine ITF	Jackie Hurley OTF
Josh May MXC	Jenny Maleski ITF	Laura Beattie OTF
Kalee Schwartz WS	De-Ale-Jo Roberts ITF	Michelle Borek OTF
Jon Mies MS	Henry Holmes ITF	Kerry Lucas OTF
Nathan Rose MS	T.J. Shimek ITF	Kona Kenny OTF
Eddie Wierzbicki MS	Cassi Gragg SB	Sara Eaton OTF
Tijs Van Lier MS	Tarin Foster SB	Dan Wilkerson OTF
Stephanie Roberts VB	Angie Mullay SB	Henry Holmes OTF
Sarah Ellis ITF	John MacLeod BB	T.J. Shimek OTF
Jenny Ziegler ITF	Jeremy Frost BB	Bob Jonaitis OTF
Michelle Borek ITF	Paul Gillette BB	Jeff March MG

ALL-ACADEMIC WHAC TEAMS

Chris Ertman MXC	Jon Mies MS	Scott Host BB
Leo Foley MXC	Eddie Wierzbicki MS	Juston Miller BB
Eric Johnson MXC	Nathan Rose MS	Brett Cagney BB
Nate Kaiser MXC	Elli Giesa WS	John Mocerri BB
Joey Lynn MXC	Julie Roy WS	Jeremy Frost BB
Josh May MXC	Chris Koselansky WBB	John Renbarger BB
Lars Petzke MXC	Kate Davidson WBB	Bonnie Spiegelberg SB
Dan Wilkerson MXC	Kim Pomeroy WBB	Randi Blain SB
Jeff White MS	Katie Hagen WBB	John Angle MBB
Tijs Van Lier MS	Jenny Ziegler WXC	Nichole Gummere WXC
Sanel Fazlic MS		

ALL-REGION VIII TEAMS

John MacLeod BB	Cassi Gragg SB	Tarin Foster SB
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PLAYER OF THE YEAR: Cassi Gragg, SB

COACH OF THE YEAR: Ronda Varnesdeel, SB

NAIA ALL-AMERICANS

Henry Holmes MIT	Chuck Schuba MBB	Michelle Borek OTF
De-Ale-Jo Roberts MIT	Andy Steketee MBB	Kerry Lucas OTF
T.J. Shimek MIT	Jon Mies MS	Jenny Ziegler OTF
John MacLeod BB	Laura Beattie OTF	Sarah Ellis OTF

NAIA ACADEMIC ALL-AMERICANS

Brian Ahmedani MT	Josh May MCC	Eric Johnson OTF
Kara Ferguson WT	Nate Kaiser MCC	Lars Petzke OTF
Julie Roy WS	Lars Petzke MCC	T.J. Shimek OTF

Tamara Harnden VB
Sanel Fazlic MS
Nathan Rose MS
Jeff White MS
Val Kunde OTF

Leo Foley MCC
Kerry Lucas OTF
Laura Beattie OTF
Michelle Borek OTF

Brett Cagney BB
Jeremy Frost BB
John Mocerri BB
Eric Johnson MCC

2001-2002

ALL-WHAC 1st TEAM

Kalee Schwarz WS
Jenny Ziegler WXC
Dan Kasprowicz MXC
Andrew Fearman MS
Matt Roberts MS
Andrea Romberg VB
Kerry Lucas ITF
Sandra Hansen ITF
Ryan Schipper ITF
John Kerry ITF
Kyle Verlin MBB
Nate Kaiser OTF
TJ Shimek OTF
Shandy Atwood OTF
Jesse Prince OTF
Lars Petzke OTF
John McLeod BB
Greg Skiba BB
Angela Mullay SB

Lauren Zemlik WS
Kristy Debski WXC
Nate Kaiser MXC
Jon Mies MS
Carl Whitehouse MS
Sarah Ellis ITF
Michelle Borek ITF
Jason Carver ITF
Brendan Gary ITF
Henry Holmes ITF
Amanda Elliot WBB
Erik Thompson OTF
Kirk Kahner OTF
Robert Hann OTF
Chris Ertman OTF
Shawn Gast OTF
Brandon Bailey BB
Aaran Bush SB

John Cavanaugh MG
Phil Olson MXC
Nathan Rose MS
Denny Briggs MS
Terra Miller VB
Jamie Anderson ITF
Keelin Baine ITF
John Dephouse ITF
Phil Olson ITF
TJ Shimek ITF
Dan Wilkerson OTF
Henry Holmes OTF
Sandra Hansen OTF
Adam Jauregui OTF
Wayne Vredenberg OTF
Jason Ladd BB
Paul Gillett BB
Lisa Ringenberg SB

ALL-ACADEMIC WHAC TEAMS

Tamara Harnden VB
Nathan Rose MS
Nathan Plum MS
Lacey Ginsberg WS
Nate Kaiser MXC
Aaron Squiers MXC
Chris Ertman MXC
Chris Koselansky WBB
Dan Wilkerson OTF
Eric Essick OTF
Kirk Kahner OTF
Jason Ladd BB
Randi Blain SB

Kristen Brady VB
Denny Briggs MS
Eddie Wierzbicki MS
Katie Krellewitz WXC
John Thull MXC
Marcus Marek MXC
Steve Blattert MBB
Elli Giesa WBB
John Thull OTF
Nate Kaiser OTF
Lars Petzke OTF
Scott Host BB

Jessica Buck VB
Andrew Wilkinson MS
Heather Bos WS
Eric Essick MXC
Lars Petzke MXC
Dan Wilkerson MXC
Tim Wasilk MBB
Alison Helminski OTF
Marcus Marek OTF
Eric Johnson OTF
John Mocerri BB
Juston Miller BB

ALL-REGION VIII TEAMS

Terra Miller-2nd TM VB

Jon Mies--1st TM MS

Greg Skiba BB

Andrew Fearman-1st TM MS
Kalee Schwarz-1st TM WS
Carl Whitehouse-1st TM MS

John McLeod BB
Brandon Bailey BB
Jason Ladd BB

Aaran Bush SB
Lisa Ringenberg SB

COACH OF THE YEAR: Abrahm Shearer, MS

NAIA ALL-AMERICANS

Kalee Schwarz WS
Andrew Fearman MS

Carl Whitehouse MS
Jon Mies MS

Kyle Verlin MB
Kurt Brummel MT

NAIA ACADEMIC ALL-AMERICANS

Lars Petzke MXC
Nate Kaiser MXC
Heather Bos WS

Marcus Marek MXC
Nathan Rose MS
Tamara Harnden VB

Eric Essick MXC
Denny Briggs MS
Tom Huizing MT

2000-2001

ALL WHAC 1st TEAM HONORS

Tamara Harden-VB
Meghan Lockett-WS
Jon Mies-MS
Sean Fischbach-MS
Julie Murray-WBB
Nate Price-MT
Paul Barrons-CC
Vicky Sackett-WTF
Shandy Atwood-WTF
Jason Carver-MTF
Greg Vaughn-MTF
Henry Holmes-MTF
Andy Thelan-MTF
Brendan Gary-MTF
Cassi Gragg-SB
Chris Laska-BB
Brentt Backing-BB

Heather Bos WS
Amy Panse-WS
Andrew Fearman-MS
Denny Briggs-MS
Kurt Brummel-MT
Ken Baginski-CC
Val Kunde-CC
Melissa Gomez-WTF
Audrey Remsberg-WTF
Paul Barrons-MTF
Jon Yasko-MTF
Phil Olson-MTF
Erik Thompson-MTF
Eric Essick-MTF
Kristen Jones-SB
Sean Ford-BB

Kim Eager-WS
Eddie Wierzbicki-MS
Damien Nicey-MS
Andy Steketee-MBB
Justin Crain-MT
Kevin Smith-CC
Kerry Lucas-WTF
Holly Sizemore-WTF
Nichole Gummere-WTF
Dan Wilkerson-MTF
Nate Kaiser-MTF
Adam Jauregui-MTF
John Wojciakowski-MTF
Ronda Bolitho-SB
Lyndsay Szczepanek-SB
Brandon Bailey-BB

ALL WHAC ACADEMIC TEAMS

Shannon Hickman-VB
Heather Bos-WS
Dawn Wierzbicki-WS
Julie Murray-WBB
Katie Krellwitz-WTF
Joslyn Rodgers-WTF
Amy Smith-WTF
Kirk Kahner-MTF
Aaron Squires-MTF

Rebecca Romberg-VB
Meghan Lockett-WS
Denny Briggs-MS
Renee Bolitho-WBB
Kammy Powell-WTF
Vicky Sackett-WTF
Denny Briggs-MTF
Marcus Marek-MTF
Tony Squires-MTF

Kristen Brady-VB
Amy Panse-WS
Steve Blattert-MBB
Nichole Gummere-WTF
Audrey Remsberg-WTF
Holly Sizemore-WTF
Eric Essick-MTF
Lars Petzke-MTF
Andy Thelan-MTF

John Thull-MTF
Sean Ford-BB

John Perko-BB
Jason Ladd-MBB

John Wojciakowski-MTF

PLAYER OF THE YEAR

Amy Panse-WS
Kurt Brummel-MT

Jason Carver-MTF

Lyndsay Szczepanek-SB

NAIA ALL AMERICANS

Amy Panse-WS
Andrew Fearman-MS
Vicky Sackett-WTF
Greg Vaughn-MTF

Kim Eager-WS
Kevin Smith-CC
Kerry Lucas-WTF
Nichole Gummere-WTF

Damian Nicey-MS
Jason Carver-MTF
Audrey Remsberg-WTF

NAIA ACADEMIC ALL AMERICANS

Meghan Luckett-WS
Nate Kaiser-MTF
John Thull-CC

Vicky Sackett-WTF
Eric Essick-CC
Lyndsay Szczepanek-SB

Joslyn Rodgers-WTF
Nate Kaiser-CC
Lars Petzke-CC

NATIONAL CHAMPIONS: Jason Carver-ITF 55 & 200 Meter Sprints

COACH OF THE YEAR

Jerry Hendrick-MT

Ray Sheler-SB

Terry Bocian-BB

1999-2000

ALL WHAC 1st TEAM HONORS

Amy Panse-WS
Andrea Romberg-VB
Paul Legge-MS
Andy Williams-MS
Cari Blind-CC
Cari Blind-ITF
Brian Venema-ITF
John Wojciakowski-ITF
Derek Sandahl-ITF
Courtney Norman-MBB
Nicole Miehke-WBB
Jodi Overkleeft-SB
John Pike-BB
Scott DeKock-BB
Kevin Smith-OTF
Derek Sandahl-OTF
Greg Mileski-OTF
Nicole Gummere-OTF
Jenetta Merritt-OTF
Shandy Atwood-OTF

Kim Eager-WS
Andy Fearman-MS
Damien Nicey-MS
Kevin Smith-CC
Jenetta Merritt-ITF
Mary Fournier-ITF
Adam Jauregui-ITF
Eric Essick-ITF
Matt First-ITF
Tim Wasilk-MBB
Renee Bolitho-WBB
Melinda Rose-SB
John Perko-BB
Jason Carver-OTF
Andy Thelen-OTF
Matt First-OTF
Greg Vaughn-OTF
Cari Blind-OTF
Mary Fournier-OTF
Liz Koerner-OTF

Kelly McGill-WS
Sean Fishbach-MS
Tom Siwek-MS
Bob Thormeir-CC
Vicky Sackett-ITF
Holly Sizemore-ITF
Steve Taylor-ITF
Ken Basinski-ITF
Greg Vaughn-ITF
Ross Willick-MBB
Ronda Bolitho-SB
Lyndsay Szczepanek-SB
Shawn Veenstra-BB
Haronamas Walton-OTF
John Semeyn-OTF
Greg Mileski-OTF
Vicky Sackett-OTF
Melissa Pline-OTF
Holly Sizemore-OTF
Mandy Schneider-ITF

Annie Duerksen-ITF
Kerry Lucas-ITF
Kurt Brummel-MT

Allory Kriscunas-ITF
Sarah Carter-OTF

Monieka Mingas-ITF
Justin Craine-MT

ALL WHAC ACADEMIC TEAMS

Amira Lama-WS
Andy Williams-MS
Scott DeKock-BB
Renee Bolitho-SB/WBB
L. Szczepanek-SB
Ken Basinski-TF
Tony Squiers-TF/CC
Alex Rossman-CC
Sarah Carter-TF
Heather Montie-TF
Audrey Remsberg-TF
Holly Sizemore-TF

Denny Briggs-MS
Tim Wasilk-MBB
John Perko-BB
Kristin Jones-SB
Julie Murray-WBB
Greg Mileski-TF
Bob Thormeier-TF/CC
Cari Blind-TF/CC
Mary Fournier-TF
Melissa Pline-TF
Joslyn Rodgers-TF
Julie Murray-WBB

Damien Nicey-MS
Ross Willick-MBB
Harold Wallace-BB
Jodi Overkleeft-SB
Renee Bolitho-WBB
Aaron Squiers-TF/CC
J. Wojciakowski-TF/CC
Beth Boruta-TF
Kris Grumbine-TF
Kammy Powell-TF
Vicky Sackett-TF
Nicole Miehke-WBB

WHAC PLAYERS OF THE YEAR

Amy Panse-WS
Cari Blind-OTF

Courtney Norman-MBB
Lyndsay Szczepanek-SB

Greg Vaughn-OTF

NAIA ALL AMERICANS

Amy Panse-WS
Nichole Gummere-ITF/OTF
Courtney Norman-MBB
Kerry Lucas-ITF
Jason Carver-OTF
Kelli Leeuw-OTF

Andy Williams-MS
Vicky Sackett-ITF/OTF
Tim Wasilk-MBB
Shawn Veenstra-BB
Kevin Smith-OTF
Melissa Pline-OTF

Cari Blind-ITF/OTF
Allison Turnbull-ITF
Nicole Miehke-WBB
John Perko-BB
Sarah Carter-OTF

NAIA ACADEMIC ALL AMERICANS

Amira Lama-WS
Sarah Carter-CC/ITF
Bob Thormeier-CC
Melissa Pline-ITF

Andy Williams-MS
Joslyn Rodgers-CC
Scott DeKock-BB
Kellie Leeuw-OTF

Cari Blind-CC/ITF
J. Wojciakowski-CC/OTF
L. Szczepanek-SB

COACHES OF THE YEAR

Abrahm Shearer-MS
Dave Wood-ITF

Rick Albro MBB

Ray Sheler-SB

NAIA HALL OF FAME: Terry Bocian-Baseball Class of 2000