

*“We do not pray to change divine decree, but only to obtain what God has decided will be obtained through prayer.” - St. Thomas Aquinas, Summa theologiae*

### **Common Catholic Prayers:**

#### **The Our Father**

Our Father, Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come.  
Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil. Amen.

#### **The Hail Mary**

Hail Mary,  
Full of Grace,  
The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.  
Holy Mary,  
Mother of God,  
pray for us sinners now,  
and at the hour of death. Amen.

#### **The Apostle's Creed**

I believe in God, the Father Almighty, Creator of Heaven and earth;  
and in Jesus Christ, His only Son Our Lord,  
Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.  
He descended into Hell; the third day He rose again from the dead;  
He ascended into Heaven, and sitteth at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead.  
I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

### **The Glory Be**

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning,  
is now,  
and ever shall be,  
world without end. Amen.

### **The Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fire of hell, lead all souls to heaven, especially those who are in most need of Thy mercy.

### **Hail, Holy Queen**

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.  
Pray for us, O Holy Mother of God.  
That we may be made worthy of the promises of Christ.

### **The Holy Rosary**

*The rosary has been prayed since the thirteenth century. While meditating on the life of Jesus, one recites the prayer that brings one closer to Him and to His Mother, Mary.*

While holding the crucifix make the **Sign of the Cross** and then recite the **Apostles Creed**.

Recite the **Our Father** on the first large bead.

Recite a **Hail Mary** for an increase of Faith, Hope and Charity on each of the three small beads.

Recite the **Glory Be** on the next large bead.

Recite the **Fatima Prayer** on the large bead.

Recall the first Mystery of the Rosary and recite the Our Father on the large bead. On each of the adjacent ten small beads (also referred to as a decade) recite a Hail Mary while reflecting on the mystery. On the next large bead, recite the Glory Be, the Fatima Prayer.

Each succeeding decade is prayed in a similar manner by recalling the appropriate mystery, reciting the Our Father, ten Hail Mary's, the Glory Be, and the Fatima Prayer while reflecting on the mystery.

When the fifth mystery is completed, the Rosary is concluded with the **Hail Holy Queen**, and the Sign of the Cross.

#### THE MYSTERIES OF THE ROSARY

##### **The Joyful Mysteries**

(Mondays and Saturdays, may be said on Sundays during Advent and Christmas):

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of Jesus in the Temple

##### **The Sorrowful Mysteries**

(Tuesdays and Fridays, may be said on Sundays during Lent ):

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

##### **The Glorious Mysteries**

(Wednesdays and Sundays):

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption of the Blessed Virgin Mary
5. The Coronation of the Blessed Virgin Mary

##### **The Luminous Mysteries**

(Thursdays):

1. The Baptism in the Jordan
2. The Wedding at Cana
3. Proclamation of the Kingdom
4. The Transfiguration
5. Institution of the Eucharist

#### **Prayer to your Guardian Angel**

Angel of God,  
my guardian dear,  
To whom God's love  
commits me here,  
Ever this day,  
be at my side,  
To light and guard,  
Rule and guide. Amen.

### **The Angelus**

The Angel of the Lord declared to Mary:

And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Behold the handmaid of the Lord: Be it done unto me according to Thy word.

Hail Mary . . .

And the Word was made Flesh: And dwelt among us.

Hail Mary . . .

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

### **Let us pray:**

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord.

Amen.

### **Soul of Christ (Anima Christi)**

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within Thy wounds, hide me.

Separated from Thee let me never be.

From the malignant enemy, defend me.

At the hour of death, call me.

To come to Thee, bid me,

That I may praise Thee in the company

Of Thy Saints, for all eternity.

Amen.

## **Prayers of St. Thomas Aquinas:**

### **For Ordering a Life Wisely**

*St. Thomas recited this daily before the image of Christ*

O merciful God, grant that I may desire ardently, search prudently, recognize truly, and bring to perfect completion whatever is pleasing to You for the praise and glory of Your name.

Put my life in order, O my God.

Grant that I may know what You require me to do.

Bestow upon me the power to accomplish Your will, as is necessary and fitting for the salvation of my soul.

Grant to me, O Lord my God, that I may not falter in times of prosperity or adversity, so that I may not be exalted in the former, nor dejected in the latter.

May I not rejoice in anything unless it leads me to You; may I not be saddened by anything unless it turns me from You.

May I desire to please no one, nor fear to displease anyone, but You.

May all transitory things, O Lord, be worthless to me and may all things eternal be ever cherished by me.

May any joy without You be burdensome for me and may I not desire anything else besides You.

May all work, O Lord, delight me when done for Your sake and may all repose not centered in You be ever wearisome for me.

Grant unto me, my God, that I may direct my heart to You and that in my failures I may ever feel remorse for my sins and never lose the resolve to change.

O Lord my God, make me submissive without protest, poor without discouragement, chaste without regret, patient without complaint, humble without posturing, cheerful without frivolity, mature without gloom, and quick-witted without flippancy.

O Lord my God, let me fear You without losing hope, be truthful without guile, do good works without presumption, rebuke my neighbor without haughtiness, and—without hypocrisy—strengthen him by word and example.

Give to me, O Lord God, a watchful heart, which no capricious thought can lure away from You.

Give to me a noble heart, which no unworthy desire can debase.

Give to me a resolute heart, which no evil intention can divert.

Give to me a stalwart heart, which no tribulation can overcome.

Give to me a temperate heart, which no violent passion can enslave.

Give to me, O Lord my God, understanding of You, diligence in seeking You, wisdom in finding You, discourse ever pleasing to You, perseverance in waiting for You, and confidence in finally embracing You.

Grant that with Your hardships I may be burdened in reparation here, that Your benefits I may use in gratitude upon the way, that in Your joys I may delight by glorifying You in the Kingdom of Heaven.

You Who live and reign, God, world without end. Amen.

### **To the Most Blessed Virgin Mary**

O most blessed and sweet Virgin Mary, Mother of God, filled with all tenderness, Daughter of the most high King, Lady of the angels, Mother of all the faithful, on this day and all the days of my life, I entrust to your merciful heart my body and my soul, all my acts, thoughts, choices, desires, words, deeds, my entire life and death, so that, with your assistance, all may be ordered to the good according to the will of your beloved Son, our Lord Jesus Christ.

Be to me, my most holy Lady, a comfortable and an ally against the stratagems and traps of the ancient enemy and of all those who harbor ill intentions against me.

From your beloved Son, our Lord Jesus Christ, request for me the grace to resist firmly the temptations of the world, the flesh, and the devil, and a constant resolve to sin no more and to persevere in your service and the service of your beloved Son.

My most holy Lady, I also beseech you to obtain for me true obedience and true humility of heart so that I may recognize myself truly as a sinner—wretched and weak—and powerless, without the grace and help of my Creator and without your holy prayers, to do any kind of good work or even to resist the unrelenting assaults of evil.

Procure for me also, O my most sweet Lady, perpetual purity of mind and body, so that with a pure heart and chaste body I may be strengthened to serve you and your beloved Son through the Dominican Order.

From Him, obtain for me a spirit of poverty willingly accepted with patience and tranquility of mind, so that I will have the strength to sustain the labors of this Order and to work for my own salvation and that of my neighbors.

Obtain for me as well, O most sweet Lady, true charity with which from the depths of my heart I may love your most holy Son, our Lord Jesus Christ, and, after Him, love you above all other things, and love my neighbor in God and because of God.

Thereby may I rejoice in his goodness, sorrow over his evils, despise no one, never judge rashly, and never in my heart exalt myself over anyone.

Grant, O Queen of Heaven, that ever in my heart I may have fear and love alike for your most sweet Son; That I may always give thanks for the many blessings bestowed upon me not for my merits but by His kindness; And that I may ever make a pure and sincere confession and do true penance for my sins, in order that I might deserve to obtain His mercy and grace.

I pray also that, at the end of my life, you, Mother without compare, Gate of Heaven, and Advocate of sinners, will not allow me, your unworthy servant, to stray from the holy Catholic faith but that you will protect me with your great piety and mercy, defend me from evil spirits, and obtain for me, through the blessed and glorious Passion of your Son and through your own intercession, received in hope, the forgiveness of all of my sins.

When I die in your love and His love, may you direct me into the way of salvation and blessedness. Amen.

### **To Acquire the Virtues**

O God, all-powerful and all-knowing, without beginning and without end, You Who are the source, the sustainer, and the rewarder of all virtues, grant that I may abide on the firm ground of faith, be sheltered by an impregnable shield of hope, and be adorned in the bridal garment of charity. Grant that I may through justice be subject to You, through prudence avoid the beguilements of the devil, through temperance exercise restraint, and through fortitude endure adversity with patience.

Grant that whatever good things I have, I may share generously with those who have not and that whatever good things I do not have, I may request humbly from those who do.

Grant that I may judge rightly the evil of the wrongs I have done and bear calmly the punishments I have brought upon myself, and that I may never envy my neighbor's possessions and ever give thanks for Your good things.

Grant that I may always observe modesty in the way I dress, the way I walk, and the gestures I use, restrain my tongue from frivolous talk, prevent my feet from leading me astray, keep my eyes from wandering glances, shelter my ears from rumors, lower my gaze in humility, lift my mind to thoughts of heaven, condemn all that will pass away, and love You only.

Grant that I may subdue my flesh and cleanse my conscience, honor the saints and praise You worthily, advance in goodness, and end a life of good works with a holy death.

Plant deep in me, Lord, all virtues, that I might be devout in divine matters, discerning in human affairs, and burdensome to no one in fulfilling my own bodily needs.

Grant to me, Lord, fervent contrition, pure confession, and complete reparation.

Order me inwardly through a good life, that I might do what is right and what will be meritorious for me and a good example of others.

Grant that I may never crave to do things impulsively, nor disdain to do what is burdensome, lest I begin things before I should or abandon them before finishing. Amen.

**Thanksgiving after Mass**

Lord, Father all-powerful and ever-living God, I thank You, for even though I am a sinner, your unprofitable servant, not because of my worth but in the kindness of your mercy, You have fed me with the Precious Body & Blood of Your Son, our Lord Jesus Christ.

I pray that this Holy Communion may not bring me condemnation and punishment but forgiveness and salvation.

May it be a helmet of faith and a shield of good will.

May it purify me from evil ways and put an end to my evil passions.

May it bring me charity and patience, humility and obedience, and growth in the power to do good.

May it be my strong defense against all my enemies, visible and invisible, and the perfect calming of all my evil impulses, bodily and spiritual.

May it unite me more closely to you, the One true God, and lead me safely through death to everlasting happiness with You.

And I pray that You will lead me, a sinner, to the banquet where you, with Your Son and holy Spirit, are true and perfect light, total fulfillment, everlasting joy, gladness without end, and perfect happiness to your saints. grant this through Christ our Lord, AMEN.

**Prayer of St. Thomas Aquinas for a Holy Life**

Grant me, O merciful God, that what is pleasing to Thee I may ardently desire, prudently examine, truthfully acknowledge, and perfectly accomplish for the praise and glory of Thy name. Ordain, O my God, my whole life, and what Thou requirest that I should do, grant me to know it and to fulfill as is meet and profitable to my soul. Give me Thy grace, O Lord my God, that I may not fail in prosperity or in adversity, avoiding pride in the former and discouragement in the latter. May I rejoice in nothing but what leads to Thee, grieve for nothing but what turns away from Thee. May I wish to please or displease no one but Thee.

May I despise, O Lord, all transitory things, and prize only that which is eternal. May I shun any joy that is without Thee, nor wish for anything outside of Thee. May I delight in any work taken up for Thee, and tire of any rest which is without Thee. Grant me, O my God, to direct my heart toward Thee, and in my failings constantly grieve, with the purpose of an amendment.

Make me, O Lord, my God, obedient without contradiction, poor without depression, chaste without corruption patient without murmuring, humble without pretence, cheerful without dissipation, mature without dullness, prompt without levity, fearing Thee without despair, truthful without duplicity, doing good without presumption, correcting my neighbor without haughtiness, and edifying him by word and example without hypocrisy. Give me, O Lord God, a watchful heart, which no curious thought will turn away from Thee; a noble heart, which no unworthy affection will drag down; a righteous heart,

which no irregular intention will twist aside; a firm heart, which no tribulation will break; a free heart, which no violent affection will claim for itself.

Grant me finally, O Lord my God, science in knowing Thee, diligence in seeking Thee, wisdom in finding Thee, a conduct pleasing to Thee, a perseverance trustfully awaiting Thee, and a confidence finally embracing Thee. May I endure Thy punishments by penitence; profit by Thy benefits by grace in this world, and enjoy Thy blessedness by glory in the next; Who livest and reignest, true God, forever and ever. Amen  
An indulgence of 3 years, once a day- Pope Leo XIII., Jan. 17, 1888

**Invocation to St. Thomas Aquinas before Lecture or Study**

O Blessed Thomas, patron of schools, obtain for us from God an invincible faith, burning charity, a chaste life, and true knowledge, through Christ our Lord. Amen.

**Prayer to be said before study or class**

O Merciful God, grant that I may eagerly desire, carefully search out, truthfully acknowledge, and ever perfectly fulfill all things which are pleasing to Thee, to the praise and glory of Thy name. Amen.

**Prayer which St. Thomas Aquinas was accustomed to recite every day before the image of Jesus Christ**

Grant me grace, O merciful God to desire ardently all that is pleasing to Thee, to examine it prudently, to acknowledge it truthfully and to accomplish it perfectly, for the praise and glory of Thy name. Amen.

(An indulgence of 300 days to all the faithful who, before studying or reading, shall, with at least contrite heart and devotion, recite this prayer- Pope Leo XIII., June 21, 1879)

**Prayer which St. Thomas Aquinas composed and frequently recited before dictating, writing or preaching**

O' Ineffable Creator, Who out of the depths of Thy wisdom didst appoint three hierarchies of angels, and place them in wonderful harmony above the empyrean heaven, and didst order most perfectly Thy whole creation; Thou, Who art the true fountain and highest source of light and wisdom, deign to shed a ray of Thy brightness upon the darkness of my intellect, taking from me that twofold darkness in which I was born, namely, sin, and ignorance. O Thou Who makest eloquent the tongues of little ones, instruct my tongue, and pour upon my lips the grace of Thy blessing. Grant me a keen intellect a strong memory, method and facility in learning, subtlety in interpreting and elegance of speech; enlighten the beginning, direct the progress, perfect the issue, Thou Who art true God and man, Who livest and reignest forever. Amen

(An indulgence of 200 days, once a day- Pope Leo XIII., Feb. 21, 1880.)

### **Litany of Dominican Saints and Blesseds**

This litany is intended for private use and can be said on feasts of Dominican saints.

Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy.  
Lord, have mercy. Lord, have mercy.  
Christ, hear us. Christ, graciously hear us.

God, the heavenly Father ... have mercy on us.  
God, the Son, Redeemer of the world ... have mercy on us.  
God, the Holy Spirit ... have mercy on us.  
Holy Trinity, one God ... have mercy on us.

Holy Mary ... pray for us.  
Holy Mother of God ... pray for us.  
Holy Virgin of Virgins ... pray for us.  
All you holy angels and archangels ... pray for us.  
All you holy Patriarchs and Prophets ... pray for us.  
All you holy Apostles and Evangelists ... pray for us.  
All you holy martyrs ... pray for us.  
All you holy virgins and widows ... pray for us.  
All you holy men and women ... pray for us.

Saint Michael ... pray for us.  
Saint Gabriel ... pray for us.  
Saint Raphael ... pray for us.  
Saint Joseph ... pray for us.  
Saint John the Baptist ... pray for us.  
Saint Mary Magdalen ... pray for us.  
Holy Father Augustine ... pray for us.  
Holy Father Francis ... pray for us.  
Blessed Jane of Aza ... pray for us.  
Blessed Reginald ... pray for us.  
Holy Father Dominic ... pray for us.  
Holy Father Dominic ... pray for us.  
Blessed Bertrand ... pray for us.  
Blessed Mannes ... pray for us.  
Blessed Diana ... pray for us.  
Blessed Jordan of Saxony ... pray for us.  
Blessed John of Salerno ... pray for us.  
Blessed William and Companions ... pray for us.  
Blessed Ceslaus ... pray for us.  
Blessed Isnard ... pray for us.  
Blessed Guala ... pray for us.  
Blessed Peter Gonzalez ... pray for us.

Saint Zdislava ... pray for us.  
Saint Peter of Verona ... pray for us.  
Blessed Nicholas ... pray for us.  
Saint Hyacinth ... pray for us.  
Blessed Gonsalvo ... pray for us.  
Blessed Sadoc and Companions ... pray for us.  
Blessed Giles ... pray for us.  
Saint Margaret of Hungary ... pray for us.  
Blessed Batholomew of Vincenza ... pray for us.  
Saint Thomas Aquinas ... pray for us.  
Saint Raymond of Penyafort ... pray for us.  
Blessed Innocent V ... pray for us.  
Blessed Albert of Bergamo ... pray for us.  
Saint Albert the Great ... pray for us.  
Blessed John of Vercelli ... pray for us.  
Blessed Ambrose ... pray for us.  
Blessed Cecilia ... pray for us.  
Blessed Benvenuta ... pray for us.  
Blessed James of Varazze ... pray for us.  
Blessed James of Bevagna ... pray for us.  
Blessed Benedict XI ... pray for us.  
Blessed Jane of Orvieto ... pray for us.  
Blessed Jordan of Pisa ... pray for us.  
Saint Emily ... pray for us.  
Blessed James Salomonio ... pray for us.  
Saint Agnes of Montepulciano ... pray for us.  
Blessed Simon ... pray for us.  
Blessed Margaret of Castello ... pray for us.  
Blessed Augustine Kazotic ... pray for us.  
Blessed James Benefatti ... pray for us.  
Blessed Imelda ... pray for us.  
Blessed Dalmatius ... pray for us.  
Blessed Margaret Ebner ... pray for us.  
Blessed Villana ... pray for us.  
Blessed Peter Ruffia ... pray for us.  
Blessed Henry ... pray for us.  
Blessed Sibyllina ... pray for us.  
Blessed Anthony of Pavonio ... pray for us.  
Saint Catherine of Siena ... pray for us.  
Blessed Marcolino ... pray for us.  
Blessed Raymond of Capua ... pray for us.  
Blessed Andrew Franchi ... pray for us.  
Saint Vincent Ferrer ... pray for us.

Blessed Clara ... pray for us.  
Blessed John Dominic ... pray for us.  
Blessed Alvarez ... pray for us.  
Blessed Maria ... pray for us.  
Blessed Peter of Castello ... pray for us.  
Blessed Andrew Abellon ... pray for us.  
Blessed Stephen ... pray for us.  
Blessed Peter Geremia ... pray for us.  
Blessed John of Fiesole ... pray for us.  
Blessed Lawrence of Ripafratta ... pray for us.  
Blessed Anthony della Chiesa ... pray for us.  
Saint Antoninus ... pray for us.  
Blessed Anthony Neyrot ... pray for us.  
Blessed Margaret of Savoy ... pray for us.  
Blessed Bartholomew of Cerverio ... pray for us.  
Blessed Matthew ... pray for us.  
Blessed Constantius ... pray for us.  
Blessed Christopher ... pray for us.  
Blessed Damian ... pray for us.  
Blessed Andrew of Peschiera ... pray for us.  
Blessed Bernard ... pray for us.  
Blessed Jane of Portugal ... pray for us.  
Blessed James of Ulm ... pray for us.  
Blessed Augustine of Biella ... pray for us.  
Blessed Aimo ... pray for us.  
Blessed Sebastian ... pray for us.  
Blessed Mark ... pray for us.  
Blessed Columba ... pray for us.  
Blessed Magdalen ... pray for us.  
Blessed Osanna of Mantua ... pray for us.  
Blessed John Liccio ... pray for us.  
Blessed Dominic Spadafora ... pray for us.  
Blessed Stephana ... pray for us.  
Saint Adrian ... pray for us.  
Blessed Lucy ... pray for us.  
Blessed Catherine Racconigi ... pray for us.  
Blessed Osanna of Kotor ... pray for us.  
Saint Pius V ... pray for us.  
Saint John of Cologne ... pray for us.  
Blessed Maria Bartholomew ... pray for us.  
Saint Louis Bertrand ... pray for us.  
Saint Catherine de Ricci ... pray for us.  
Blessed Robert ... pray for us.

Blessed Alphonsus and Companions ... pray for us.  
Saint Rose ... pray for us.  
Saint Dominic Ibanez and Companions ... pray for us.  
Blessed Agnes of Jesus ... pray for us.  
Saint Lawrence Ruiz and Companions ... pray for us.  
Saint Martin de Porres ... pray for us.  
Blessed Peter Higgins ... pray for us.  
Blessed Francis de Capillas ... pray for us.  
Saint Juan Macias ... pray for us.  
Blessed Terence ... pray for us.  
Blessed Ann of the Angels ... pray for us.  
Blessed Francis de Posadas ... pray for us.  
Saint Louis de Montfort ... pray for us.  
Blessed Francis Gil ... pray for us.  
Saint Matteo ... pray for us.  
Blessed Peter Sanz and Companions ... pray for us.  
Saint Vicent Liem ... pray for us.  
Saint Hyacinth Castaneda ... pray for us.  
Blessed Marie ... pray for us.  
Blessed George ... pray for us.  
Blessed Catherine Jarrige ... pray for us.  
Saint Ignatius and Companions ... pray for us.  
Saint Dominic An-Kham and Companions ... pray for us.  
Saint Joseph Khang and Companions ... pray for us.  
Blessed Francis Coll ... pray for us.  
Blessed Hyacinthe Cormier ... pray for us.  
Blessed Pier Giorgio ... pray for us.  
Blessed Bartolo ... pray for us.  
Blessed Michael Czartoryski ... pray for us.  
Blessed Julia Rodzinska ... pray for us.  
All holy Dominican brothers and sisters ... pray for us.

Lamb of God, who takes away the sins of the world, ... spare us, O Lord.  
Lamb of God, who takes away the sins of the world, ... graciously hear us, O Lord.  
Lamb of God, who takes away the sins of the world, ... have mercy on us.

Let us pray... God, source of all holiness, you have enriched your Church with many gifts in the saints of the Order of Preachers. By following the example of our brothers and sisters, may we come to enjoy their company for ever in the Kingdom of our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, one God, for ever and ever. Amen