

# KINESIOLOGY DEPARTMENT

Athletic Coaching Minor  
As of Spring 2012

Name: \_\_\_\_\_

S.S.#: \_\_\_\_\_

I.D.#: \_\_\_\_\_

Date of First Enrollment: \_\_\_\_\_

Minor Requirements: 24 Semester Hours. This minor is designed for students interested in coaching, but not teaching. This is not a certifiable minor for teaching.

## AQUINAS REQUIREMENTS

## TRANSFER REQUIREMENTS

\_\_\_\_\_ HE 158 First Aid 3.0  
\_\_\_\_\_ HE 250 Physiology of Exercise 4.0  
\_\_\_\_\_ or HE 256 Kinesiology  
\_\_\_\_\_ HE 350 Medical Aspects 3.0

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### Three of the following Sports Cores:

Basketball  
\_\_\_\_\_ HE 245 Officiating Basketball 1.0  
\_\_\_\_\_ HE 261 Coaching Basketball 2.0  
\_\_\_\_\_ HE 288 Basketball Activity 1.0

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Volleyball  
\_\_\_\_\_ HE 245 Officiating Volleyball 1.0  
\_\_\_\_\_ HE 262 Coaching Volleyball 2.0  
\_\_\_\_\_ HE 287 Volleyball Activity 1.0

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Football  
\_\_\_\_\_ HE 245 Officiating Football 1.0  
\_\_\_\_\_ HE 264 Coaching Football 2.0  
\_\_\_\_\_ HE 295 Conditioning II 2.0

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Soccer  
\_\_\_\_\_ HE 245 Officiating Soccer 1.0  
\_\_\_\_\_ HE 266 Coaching Soccer 2.0  
\_\_\_\_\_ HE 285 Soccer Activity 1.0

Baseball/Softball  
\_\_\_\_\_ HE 245 Officiating Baseball/Softball 1.0  
\_\_\_\_\_ HE 263 Coaching Baseball/Softball 2.0  
\_\_\_\_\_ HE 286 Softball Activity 1.0

Track and Field  
\_\_\_\_\_ HE 245 Officiating Track and Field 1.0  
\_\_\_\_\_ HE 265 Coaching Track and Field 2.0  
\_\_\_\_\_ HE 295 Conditioning II 2.0

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### Two Credits of HPER Electives:

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Please Note: Aquinas College reserves the right to change, modify, or amend the above-stated requirements and/or courses in its sole discretion and without prior notice.