What is Alcoholism?

- **Craving:** a strong need to drink
- **Loss of control:** No ability to limit your drinking
- **Physical dependence:** Withdrawal symptoms like nausea, anxiety, shakiness after a period of heavy drinking
- **Tolerance:** The need to drink greater amounts to achieve the same effect

NO! Almost 1/3 of college students surveyed wish alcohol was not available at campus events, and nearly 90% wished that other drugs would disappear from campuses altogether.